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DAV PUBLIC SCHOOL, SAMANA

(Senior Secondary)

CBSE Affiliated (1630571)

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STUDY PLAN

Class 5th

Name _____

Section _____

Roll No. _____

Adm. No. _____

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Principal Message



"Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations"

Dr. Mohan Lal Sharma
Founder Principal

Dear Students

Today, the role of a school is not only to pursue academic excellence but also to encourage and empower its students to be lifelong learners, critical thinkers, and productive members of an ever-changing global society. More than a decade back DAV SAMANA pledged to transform education. The school that is being run under the able stewardship of Honorable President **Dr. Poonam Suri Ji** has earned its own position not only in Samana but also in its surrounding areas. At DAV, we provide an atmosphere to our students for multifaceted development, where children get such a platform which helps them to channelize their potential in the pursuit of excellence. This can only be possible in a holistic, student-centric environment.

The school is striving hard to make the best possible efforts to inculcate strong Vedic roots combining with academics and extra-curricular activities in the children. Transforming every individual into a self-reliant and independent citizen, the school provides an amalgam of scholastic and co-scholastic activities with International exposure. In our curriculum, the student is the primary focus and each child is involved in the learning process.

The parents are the most strengthening power in moulding the future of children. Their consistent support empowers us to do more and more. I pay my gratitude to them for their faith in us.

I am confident enough that the DAVIANS will make themselves stronger day by day, adding a new leaf to the grandeur of the school.

Blessings,

Dr. Mohan Lal Sharma
Principal

STUDY PLAN - AN IMPORTANT TOOL

Study plan is a technique that enables you to make the most efficient use of your time, resources and academic potentials. As we journey together, you may face many challenges and to enable you to overcome the obstacles we offer you this wonderful tool-Study Plan to make you familiar with the values and Academic Syllabi of the school. This will increase your awareness of how you study and you will become more confident. Make this planner a part of your schedule for getting success this year.

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GREEN RULES

- ❖ Be kind, polite, helpful and aware of others' feelings.
- ❖ Try your best, work hard and learn from your own mistakes.
- ❖ Respect your educators.
- ❖ Make yourself presentable.
- ❖ Take responsibility for your education.
- ❖ Be organized.
- ❖ Don't be a distraction.
- ❖ Do the task with dedication.
- ❖ Stick to your goals.

GENERAL INSTRUCTIONS (FOR PARENTS)

- ❖ Parents are requested to co-operate with the school in its attempt to help towards their children's progress by paying attention to their regularity, punctuality and discipline.
- ❖ Constant vigilance on the part of the parents pays rich dividends. We earnestly recommend that parents should take interest in the daily activities of the children both inside and outside the school and check the diary daily for any notes from the teacher. Kindly attend all Parent-Teacher Meetings in the interest of your wards.
- ❖ If you have any suggestions regarding your ward's study, you are welcome to contact the Principal/ Supervisor/ Co-ordinator/Class Teacher/Subject Teacher during Parent-Teacher Meeting or with prior appointment with Principal/ Supervisor/ Co-ordinator between (9:00 a.m. to 10:00 a.m.).
- ❖ Parents are requested not to enter the class room either to see their wards or to seek interviews with the teachers during class hours. No half day/short leave will be given to the student.
- ❖ Unauthorized absence for 6 consecutive days renders the student liable to have his/her name struck off the rolls. Sick children should not be sent to the school for a test or an examination. Medical certificate may be sent along with an application on the same or next day positively. Student will be fined Rs.10 per day, if the child remains absent for the consecutive two days.
- ❖ Children when suffering from infectious disease should not be sent to school to attend classes. The student is required to produce a fitness certificate from a Medical Practitioner / Doctor on joining.
- ❖ Any change of Residential / Official Address / Telephone Number should be notified to the class teacher and school office immediately.

- ❖ Ensure that the child maintains personal hygiene, has nutritious breakfast and diet and avoids eatables from roadside vendors.
- ❖ Students are not allowed to carry / use "Mobile Phones" within the school premises.
- ❖ As the medium of instruction in the school is English. So, children should be helped to follow their work easily and intelligently by a certain amount of regular conversation in English at home.
- ❖ As soon as the diary is issued, the parents should fill in all the required data and sign in the spaces provided.
- ❖ Parents should sign the school diary daily. Daily assignment, irregularity in
 - a) Completion of assignment
 - b) Bringing of Books.
 - c) Wearing proper uniform, or any other instruction and circulars given should be acknowledged by signing the diary at the respective spaces provided.
- ❖ Legitimate complaints should be brought to the knowledge of the Principal without delay.
- ❖ Please ensure that the child is sent neatly dressed. Nails should be trimmed regularly. Expensive jewellery and watches, nail polish and make up is not permitted.
- ❖ Encourage the children to participate in all curricular and co-curricular activities. This is very necessary for gaining self-confidence and self-satisfaction

MODE OF EXAMINATION

1. The First Term examination will be held in the month of September and Annual examination will be held in the month of February / March.
2. Grading System is in the paper of Drawing, Music / Dance, G.K., Naitik Shiksha, Health & Physical Education, Sanskrit.
3. A student must pass separately in both (Written+ Practical) exams.
4. Duration of each paper will be of three hours.
5. Marks of first term will be added in Annual Exams.

TEACHER SHOULD KEEP IN MIND

1. Use a variety of tools (Oral, Projects, Presentation).
2. Understand different learning styles and abilities.
3. Develop child's individual's skills, interests, attitudes and motivation.
4. Monitor the changes taking place in a child's learning, behavior and progress over time.
5. Share the assessment criteria with the students.
6. Allow peer and self-assessment.
7. Give an opportunity to the students to improve.
8. Use an "Indoor Voice" when speaking in the class.

VALUE EDUCATION TOPIC**APRIL****Courtesy & Co-operation**

Recognition of mutual interdependence with others resulting in Polite treatment and respect.

- Politeness
- Sympathy
- Civility
- Collaboration
- Assistance

MAY**Kindness & Generosity**

Concern for suffering or distress of others.

- Affection
- Decency
- Gentleness
- Altruism
- Support

JUNE**Accountability & Commitment**

Responsibility for one's actions and their consequences.

- Liability
- Blame worthiness
- Answerability
- Promise
- Responsibility

JULY**Nurture the Nature/ Conservation**

Avoid wastage and pollution of Natural resources.

- Natural Environment
- Care and Conservation of Land, Clean Air and Pure Water

AUGUST**Honesty & Truthfulness**

The quality or fact of being truthful, upright & fair.

- Truthful,
- Worthy of confidence
- Trustworthy
- Patient
- Sincere

SEPTEMBER**Safety & Security**

Condition of being protected from danger or risk.

- Immunity
- Assurance
- Defence
- Protection
- Precautions

OCTOBER Respect & Forgiveness

Treat others the way you like to be treated. Care for others and Environment.

- Respect for Creator
- Respect for Others
- Respect for authority
- Respect for environment
- Respect for health

NOVEMBER Tolerance & Acceptance

To respect someone's Belief & Choices.

- Tolerate Others
- Co-operate and Encourage Others
- Empathy for others
- Harmony

DECEMBER Care & Compassion

Concern for Sufferings of others & being Sympathetic.

- Love for Living Beings
- Attitude of Kindness
- Generous
- Courtesy
- Empathy
- Self- Heartedness

JANUARY Loyalty & Patriotism

Faithfulness to a person, institution, custom or idea to which one is bound by duty, pledge or a promise.

- Faithfulness
- Dutiful
- Steadfast
- Trustfulness
- Trustworthy
- Patriotic

FEBRUARY Time Management

Ability to use one's time effectively.

- Right Activity
- Effective Planning
- Setting Deadlines
- Setting Goals & Objectives

MARCH Excellence / Doing Your Best:

Strive to achieve best at all times and to be good.

- Be Curious
- Help others to improve
- Focus on Task
- Hard Work
- Identify Your Goal

FIRST TERM (APRIL TO SEPTEMBER)

SUBJECT - ENGLISH

“Language is a divine gift of God to human beings”.
“English is said to be the queen of languages”.

Books	:	My English Reader
	:	English Practice Book
Publication	:	DAV Publication

General Aims and Objectives:

1. To enable the students to communicate effectively in English.
2. To enable the students to use language skills i.e. Listening, Speaking, Reading and Writing.
3. To develop an interest and appreciation of literature.
4. To enable the students to use grammar structures and grammatical forms accurately and appropriately.
5. To develop students' confidence to use language fluently and appropriately.

Common Instructions for Teachers:

1. New words, word meanings of each chapter must be written in note book.
2. Students will write make sentences of each chapter themselves after teacher's guidance.
3. Teacher will conduct one unseen comprehension passage every month.
4. Stereo (Audio Aid) must be used to conduct listening skill (tape script).
5. Dictation and evaluation test (oral/written) must be taken after the completion of each chapter.
6. Value based questions and Life skill questions must be discussed with the students.
7. E-smart content must be explained to the student's lesson wise.
8. After completion of each chapter, Tally work must be done.

NOTE: It is mandatory to conduct test after the completion of each & every chapter.

Instructions for students:

1. Student must start separate notebooks for both terms.
2. Notebooks must be covered properly.
3. It is mandatory for the students to maintain the condition of notebook up to the end of year.
4. Handwriting should be neat and clean.
5. Students will get Parent's Sign in each test.

APRIL

Lesson No. / Topic	No. of periods	Activities	Art Integration Activity	Teaching Aids / Technology
Chapter 1 Monday Morning Blues (Reader Book)	4	1.Students will speak about likes and dislikes about school life		Live examples and Reader Book
Chapter 2 The Tale of a Tail (Reader Book)	4			Reader Book
Tape Script Page .No 22 (Reader Book)	1			
Unit : 1 Nouns (Practice Book)	2		Shopping Time Page No 18 Curriculum Guidelines	E-Smart board and green board
Unit : 2 Determiners (Practice Book)	2	Pot Game		E-Smart board , green board and Text book
Introduction Of Parts Of Speech	1			Notebook
Application to Principal to get a leave as you have to go to dentist to get your tooth extracted. Pg. no. - 9 (Reader Book)	1			Green Board
Comprehension passage A.1 (Practice Book)	1	Brain Storming		Text book

Subject Enrichment Activity: Cleanliness Oration (Speaking Skill)

Note: It is mandatory to conduct test after the completion of each and every chapter / topic.

MAY

Lesson No. / Topic	No. of periods	Activities	Art Integration Activity	Teaching Aids / Technology
Read it yourself: I wish I were (Reader Book)	1			Text Book
Unit 2: Books Poem : Adventure with Books (Reader Book)	2	Notice A-7 (Page No33) Students will recite the poem with voice modulation		Text book, Green Board
Chapter 3: The Boy Who Borrowed (Reader Book)	4	Students will speak about how to take care of Books		Text Book, Green Board
Read it Yourself Thank you Rinku (Reader Book)	1	Students will speak summary of Chapter		Text Book
Tape Script Page no. 47 (Reader Book)	1	Listening Skill		Stereo, CD
Unit 3: Apostrophes (Practice Book)	3			E-Smart Board, Text book
Unit 4 : Comparison (Practice Book)	3	Worksheet		E-Smart board and chart
Tenses (Simple Present, Present Continuous)	2	Rules will be written in fair note books		Green board and E-smart board, Chart
Composition: My School Library	1		Spin the Yarn Activity	Observation of school library
Letter to Editor complaining against the insanitary condition of	1			Text Book, E-Smart Board

your locality				
Comprehension passage A.2 (Practice Book)	1	Brain storming		Text book
Degrees of Adjectives (20)	1			Note Book

Subject Enrichment Activity- Newspaper Reading Contest

Note: It is mandatory to conduct test after the completion of each and every chapter / topic.

JUNE

SUMMER VACATION

JULY

Lesson No. / Topic	No. of periods	Activities	Art Integration Activity	Teaching Aids/Technology
Chapter 4: Limits of the Mind (Reader Book)	5		Role Play	Text book, Green Board
Tape Script Page No. 63 (Reader Book)	1	Listening Skill		Stereo, CD
Essay- Value of Games in Life	1			-
Unit 5 – Verbs (Practice Book)	3			E-Smart board, Green Board and Text book
Unit 6 : Adverbs (Practice Book)	3	Teacher will give verb and student will tell Adverb related with the verb		E-Smart board, Green Board and Text book
Three Forms of verbs (Any 20)	1	Students will speak three forms of Verbs in singing way		E-smart board Contents
Unseen Comprehension passage A.3 (Practice Book)	1			Text book

Subject Enrichment Activity - Spellathon

Note: It is mandatory to conduct test after the completion of each and every chapter / topic.

AUGUST**Revision of First Term Syllabus****SEPTEMBER****FIRST TERM EXAMINATION****विषय - हिंदी**

पुस्तक : भाषा माधुरी और भाषा अभ्यास (डी ए वी प्रकाशन)

**“निज भाषा उन्नति अहै , सबे उन्नति को मूल ।
बिन निज भाषा ज्ञान के , मिटत न हिय को सूल ॥”**

भारत एक बहुभाषी देश है जिसमें बहुत सी भाषाओं का समावेश है। भाषिक और सांस्कृतिक दृष्टि से भिन्न होने के बावजूद भारतीय परम्परा में बहुत कुछ ऐसा है जो एक दूसरे को जोड़ता है। यही कारण है कि मातृभाषा के रूप में यह भाषा सभी को एकता के सूत्र में पिरोती है। बचपन से हिंदी पढ़ता आ रहा बच्चा नवीं, दसवीं तक हिंदी भाषा में निपुण हो जाता है। वह एक ओर जहाँ हिंदी भाषा से सारे देश से जुड़ेगा वहीं दूसरी ओर अपने क्षेत्र और परिवेश को हिंदी भाषा के माध्यम से जानने की कोशिश भी करेगा क्योंकि किशोरावस्था के इन बच्चों के मानसिक धरातल का विकास विश्व-स्तर तक पहुँच चुका होता है। प्रयास यह होगा कि विद्यार्थी भाषा के लिखित प्रयोग के साथ सहज व स्वाभाविक मौखिक अभिव्यक्ति में भी सक्षम हो सके ।

हिंदी भाषा पढ़ने / पढ़ाने के मुख्य उद्देश्य:

1. भाषा के शुद्ध एवं प्रभावशाली प्रयोग की क्षमता विकसित करना।
2. शब्द भंडार की वृद्धि तथा व्याकरण का समुचित ज्ञान।
3. दैनिक जीवन में हिंदी समझने, बोलने के साथ- साथ लिखने की क्षमता का विकास करना।
4. हिंदी के माध्यम से अपने अनुभव को संसार को लिखकर सहज अभिव्यक्ति कर पाने की क्षमता का विकास करना।
5. बच्चों में रट्टा प्रवृत्ति को कम करके सोच समझ कर स्वयं कार्य करने की क्षमता का विकास करना।
6. भाषा के चारों कौशलों (लिखना व चिंतन, सुनना, बोलना, पढ़ना)का उत्तरोत्तर विकास करना
7. स्वतंत्र और मौखिक रूप से अपने विचारों की अभिव्यक्ति का विकास करना।
8. अपनी मातृभाषा और परिवेशगत भाषा को साथ रखकर हिंदी की संरचनाओं को समझना।

अध्यापकों के लिए सामान्य निर्देश :

1. अध्यापक पहले से ही पाठ- योजना तैयार करें।
2. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए।
3. जाँच कार्य समय अनुसार और सतर्कता पूर्वक होना चाहिए।
4. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें।

विद्यार्थियों के लिए सामान्य निर्देश :

1. बच्चे पाठ के पठन पर विशेष ध्यान देंगे।
2. लिखित कार्य करते समय लिखाई सुंदर एवं स्पष्ट होनी चाहिए।
3. शब्दों की बनावट और मात्राओं पर विशेष ध्यान दें।
4. विद्यार्थी कक्षा में अनुशासित ढंग से पठन- पाठन प्रक्रिया में भाग लें।

नोट :

- * नोटबुक प्रस्तुतिकरण में नियमितता , कार्यपूर्ति , स्वच्छता और रख-रखाव को जाँचा जाएगा।
- * विषय संवर्धन गतिविधि में भाषा के वाचन एवं श्रवण कौशल पर बल दिया जाएगा।
- * लिखित परीक्षा की कॉपी अभिभावकों के हस्ताक्षर के साथ सही ढंग से रखी जानी अनिवार्य है ।
- * प्रत्येक पाठ की समाप्ति के पश्चात लिखित परीक्षण अनिवार्य है।

पाठ्य पुस्तक = भाषा माधुरी , भाषा अभ्यास

अप्रैल

पाठ का नाम/ विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ-1 दिमागी लड़ाई (भाषा माधुरी)	2		बीरबल / अकबर से जुड़ी किसी कहानी का वर्णन	पाठ्य - पुस्तक
पाठ-1 दिमागी लड़ाई (भाषा अभ्यास)	3			
पाठ-2 लौह पुरुष (भाषा माधुरी)	2	किन्हीं चार देशभक्तों के चित्र लगाकर उनके नाम लिखो		पाठ्य - पुस्तक
पाठ-2 लौह पुरुष (भाषा अभ्यास)	3			

पाठ-3 पेड़ (भाषा माधुरी)	2		कविता उच्चारण	संबंधित पुस्तक
पाठ-3 पेड़ (भाषा अभ्यास)	2			
संज्ञा की परिभाषा	1		पाठ में से संज्ञा शब्द चुनेंगे	ई- स्मार्ट
निबंध (होली का त्योहार)	1		होली में बरतने योग्य सावधानियों पर चर्चा	संबंधित पुस्तक
मई				
पाठ का नाम/ विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ-4 पूरे एक हज़ार (भाषा माधुरी + भाषा अभ्यास)	2		अपठित गद्यांश	दृश्यात्मक प्रस्तुतिकरण
पाठ-5 दो पहलवान (भाषा माधुरी)	2		संतुलित आहार के चित्र	ई- स्मार्ट
पाठ-5 दो पहलवान (भाषा अभ्यास)	3			
पाठ-6 नदी यहाँ पर (कविता) (भाषा माधुरी)	2	नदियों के महत्त्व पर चर्चा		पाठ्य पुस्तक
पाठ-6 नदी यहाँ पर (कविता) (भाषा अभ्यास)	3			
निबंध -ऐतिहासिक ईमारत :ताजमहल	2		शाहजहाँ और मुमताज के बारे में बताना	दृश्यात्मक प्रस्तुतिकरण
पत्र- पोस्टमॉस्टर को डाकिए की शिकायत करने हेतु पत्र	2			विषय से सम्बन्धित पुस्तक

क्रिया	1		क्रिया शब्दों पर घेरा लगाना	दृश्यात्मक प्रस्तुतिकरण
गिनती (1-40)	2		अनुक्रमांक लिखवाना	मटका गेम
जून				
ग्रीष्मावकाश				
जुलाई				
पाठ का नाम/ विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ- 7 पतीले की मृत्यु (भाषा माधुरी + भाषा अभ्यास)	2		पठित गद्यांश	पाठ्य - पुस्तक
पाठ- 8 टपके का डर (भाषा माधुरी)	2		वर्षा के जल के महत्त्व पर चर्चा	पाठ्य-पुस्तक
पाठ- 8 टपके का डर (भाषा अभ्यास)	3			
पाठ- 9 अजन्ता की सैर (भाषा माधुरी)	2		चर्चा	दृश्यात्मक प्रस्तुतिकरण
पाठ- 9 अजन्ता की सैर (भाषा अभ्यास)	3			
सूचना-खेलों की प्रतियोगिता के आयोजन के लिए	1		लेखन कौशल	
विशेषण और विशेष्य की परिभाषा भेद सहित	1		विशेषण/ विशेष्य शब्दों का अंतर बताना	दृश्यात्मक प्रस्तुतिकरण
पाठ- 10 ये बात समझ में आई नहीं (भाषा माधुरी + भाषा अभ्यास)	1			
अगस्त सितंबर	किए गए कार्य की दोहराई अर्ध वार्षिक परीक्षा			

SUBJECT- MATHEMATICS

Prescribed Book: PRIMARY MATHEMATICS (DAV PUBLICATIONS)

“The only way to learn Mathematics is to do Mathematics”

MATHEMATICS is an important component of school education. MATHEMATICS is something that the man has himself created to meet the various demands of time. Right from morning till night, each single moment of the day is being controlled by MATHEMATICS. LIFE would be impossible without it. MATHEMATICS IS THE SCIENCE OF ALL SCIENCES AND ART OF ALL ARTS.

AIMS AND OBJECTIVES:

1. To enable the students to discipline their minds properly.
2. To help the child to know about the relationship of different topics in **MATHEMATICS**.
3. To develop the technique of **PROBLEM SOLVING**
4. To develop the interest of the students to know more about the nature of **MATHEMATICS**.
5. To develop the power of **LOGICAL THINKING**.
6. To develop the **SELF CONFIDENCE** of the child.

Instructions for Teachers:

LESSON PLAN must be prepared well in time.

1. **CLASS ENTRANCE** should be with full confidence and positivity.
2. **CONTENT DELIVERY** must be effective and long lasting.
3. **COMMANDS OF TEACHER** must be equipped with **GOOD VOCABULARY**.
4. **FAIR NOTE BOOK** must reflect efficiency of the concerned teacher.
5. E - Smart content of each chapter must be shown in the class.
6. Oral drill of one table on daily basis.

Instructions for Students:

1. Students will do **MATHEMATICS PRACTICE** daily with a fixed schedule at home.
2. **BOOK, NOTE BOOK** must be carried by students daily in school.
3. Students must have a self-responsibility to get their note books checked in time.
4. Students must be **ATTENTIVE** in class.
5. Tests must be **WELL PREPARED**.

NOTE:**❖ BOOK AND FAIR NOTE BOOK**

- It Must Be Well Maintained And Kept Safely Through Out The Year For Evaluation
- Tally Work Must Be Done At The End Of Every Chapter
- Parents Signatures Must Be There Immediately After Teacher's Checking
- Correction Work Must Be Done Immediately (If Remarked By The Teacher)

❖ TEST NOTE BOOK

- Will Remain Same Through Out The Term (Otherwise Test Will Not Be Evaluated)
- Must Be Well Maintained
- Must Be Duly Signed By The Parents
- Correction Work Must Be Done Immediately (If Remarked By The Teacher)
- Parents Must Communicate With Teacher In Case Of Poor Performance

APRIL

Unit No./ Topic	No. of Periods	Activities	Art integration activities	Teaching Aids/ Technology
Unit 1: Numbers upto 99,99,99,999	7	--	Passing the Parcel (Curriculum guidelines Page 43)	Text book, Notebook, Interactive Whiteboard/ Green board
Table 2 to 5	1	Video / Oral drill	--	E- Smart contents, Notebook
Unit 2: Operations on large numbers	7	Match us quickly (Curriculum guidelines Page 43)	--	Notebook, Interactive Whiteboard/ Green board

Subject Enrichment Activity :- Match us quickly

MAY

Unit No./ Topic	No. of Periods	Activities	Art integration activities	Teaching Aids/ Technology
Unit 14: Bills	3	Bills 'n' Bills (Curriculum guidelines Page 62)	--	Text book, Notebook, Different Bills
Unit 17: Data	2	Textbook (Curriculum	---	Text book, E- Smart contents, Notebook

Handling		guidelines (Page 66)		
Unit 3: Multiples and Factors	9	--	Join the Dots(Curriculum guidelines Page 48)	Text book, Notebook, Interactive Whiteboard/ Green board
Table 6 to 11	2	Video / Oral drill	--	Green Board, E- Smart contents, Notebook
Unit 10: Average	4	Classroom Situation (Curriculum guidelines Page 57)	--	Text book, Notebook, E- Smart contents

Subject Enrichment Activity:- Join the Dots

JUNE Summer vacation

JULY

Unit No. / Topic	No. of Periods	Activities	Art integration activities	Teaching Aids / Technology
Table 12 and 13	1	Video / Oral drill	--	E- Smart contents, Notebook
Unit 4: Fractional Number	15	Step by Step(Curriculum guidelines Page 50)	--	Text book, Notebook, Interactive Whiteboard/ Green board

Subject Enrichment Activity :- Step by Step (Fractional Number)

AUGUST Revision of First Term Syllabus

SEPTEMBER FIRST TERM EXAMINATION

SUBJECT- SCIENCE

"A Systematic study of fact is called Science"

BOOK : My Living World
Publication : DAV Publication

AIMS & OBJECTIVES:

1. To develop scientific attitude among students.
2. To develop conceptual frame work and problem solving skills.
3. To correlate science with day to day life.
4. To develop the love and sensitivity towards nature.
5. To acquaint curiosity about science and natural world.
6. To make students aware about health and hygiene.

Instructions for Teachers:

1. Content of each chapter should be well prepared in advance.
2. Conduct the test after completion of each chapter and maintain proper record of class tests and periodic tests.
3. Check the home work note books on regular basis.
4. Observe each and every child minutely.
5. Discuss value based question of each chapter.
6. Teacher should co-relate the concept with daily life activities.
7. Key points must be written of each chapter.
8. Tally each chapter carefully after completion.
9. Take the students in lab once a week.
10. Use of technology must be used for teaching learning process.
11. **Art Integration Activities (Bolded) are mandatory to conduct.**

Instructions for Students:

1. Students should pay full attention during Teacher Learning Process.
2. Students should be handy with their books and note books according to their timetable.
3. Students must prepare and maintain their practical file regularly.
4. Students should maintain proper discipline during Lab visit.
5. Books and notebooks must be covered and well maintain till annual examination.
6. Test note books must be covered and separate each term.

APRIL

Chapter Name	No. of Periods	Activity / Art Integration	Practicals	Teaching Aids
Chapter 1 MY BODY	9	1. Model Curriculum guidelines page no.55 , 56 2. Live example page 56 3. Diagrams page.56 4. Mind mapping on joints (seminar activity)	1. To draw human respiratory system 2. Draw sense organs of cockroach, fish and snake	1. Model of respiratory system 2. Skeleton to show joints 3. Through E - smart
Chapter 2 Plants	9	1. Slide show curriculum guidelines page no 57 2. Class room discussion pg.no. 58 3. Experiment and	1. To show germination of bean seed. 2. Different conditions of germination.	Bean seeds, leaf of bryophyllum ,potato, onion , rose stem, Experiment in

		observation pg.no.58 4. Diagram :- Parts of bean seed , stages of germination		laboratory
		SUBJECT ENRICHMENT 1. Discussion about different methods of reproduction and dispersion in plants. 2. Discuss about different joints.		

MAY

Chapter Name	No. of Periods	Activity/ Art Integration	Practicals	Teaching Aids
Chapter 3 Forest	9	1.Sample activity page no. 60 2.Venn diagram (seminar activity)Uses of forest and Disadvantages of deforestation	1. To identify forest products and their use.	Book, E- smart. samples of forest products , green board
Chapter 4 Animals-our friends	10	1. Presentation page no. 62 2. Role play page no. 63 3. Crossword puzzle Book page no. 48	1. Draw food chain of land and water. 2. Write importance of animals in our life.	E-smart board, Book
Chapter 7 Importance of water	6	1. Group work pg. no. 66 2. Make a wheel to show importance of water.		Book, E-smart board

JUNE**SUMMER VACATION****JULY**

Chapter Name	No. of Periods	Activity / Art Integration	Practicals	Teaching Aids
Chapter 5 Food and health	10	Subject Enrichment :- Discussion about communicable diseases and non-communicable		Book , E-smart board , flashcards

	diseases. Seminar Activity :- Make a necklace		
--	---	--	--

AUGUST

Revision of First Term Syllabus

SEPTEMBER

FIRST TERM EXAMINATION

SUBJECT- SOCIAL SCIENCE

"We are not Makers of History, We are made by History"
--

BOOK NAME: WE AND OUR WORLD (DAV PUBLICATION)

GENERAL AIMS AND OBJECTIVES

Aims and Objectives:

1. To develop moral values and sensitive towards family and other.
2. To generalize that diversity creates variety and richness which makes our culture unique.
3. To realize that there is hierarchy of needs and to fulfill the needs, varieties of facilities are required.
4. Acquire habits of keeping the surroundings clean.
5. To develop a sense of pride in achievements of India and being Indian.

Note:

1. Something to do of each chapter must be discussed and done if required.
2. Activity of each chapter must be discussed.
3. Value based question of each chapter must be discussed.
4. Extra exercises must be done in notebook if these are required.
5. Written test must be taken after completion of each chapter.
6. Map skill of each chapter must be done.

Instruction for the Teachers:

1. E- Smart Board content must be used during the teaching.
2. After completion of each lesson, Tally work must be done.
3. Value based question must be discussed with the students.
4. Written test must be taken after completion of each lesson.
5. Teacher will give the information to the students related to the important Ministers of India and Punjab.

Instruction for the Students:

1. Students must start separate notebooks for both terms.
2. Notebook must be covered properly.

3. It is mandatory for the students to maintain the condition of notebooks up to the end of the year.
4. Separate Test notebook is must. Students will get Parent's sign on each test.
5. Handwriting must be neat and clean.

APRIL

Lesson No./ Topic	No. of Periods	Activities / Subject Enrichment Activities	Art Integration	Teaching Aids
Lesson-1: Importance of family	8	Something to do	Prepare a greeting card for your family(curriculum guidelines page 74)	E Smart Board, Textbook
Lesson-2: Human Migration	7	Find out name of some organizations that help the victim of natural calamities.		E Smart Board, Textbook

MAY

Lesson No./ Topic	No. of Periods	Activities / Subject Enrichment Activities	Art Integration	Teaching Aids
Lesson-3: Variation in shelters	7	Group discussion (curriculum guidelines page 76)	Make one type of house	E Smart Board, Textbook, videos
Lesson-4: Sensitivity towards others	7	-----	Blind fold game	E Smart Board, Textbook, videos

JUNE**SUMMER VACATION****JULY**

Lesson No./ Topic	No. of Periods	Activities / Subject Enrichment Activities	Art Integration	Teaching Aids
Lesson-5: Community services	7	----	Plant a tree in school campus	E Smart Board, Textbook, videos
Lesson-6: Leisure time	7	Something to do	----	E Smart Board, Textbook, videos

AUGUST**SEPTEMBER****Revision of First Term Syllabus****FIRST TERM EXAMINATION**

ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

“ਸਭ ਤੋਂ ਮਿੱਠੀ, ਸਭ ਤੋਂ ਸੋਹਣੀ
ਮੇਰੇ ਸੋਹਣੇ ਪੰਜਾਬ ਵਰਗੀ ਇਹ ਪੰਜਾਬੀ।
ਸਦਕੇ ਜਾਵਾਂ ਇਸ ਤੋਂ, ਜਿਸ ਨੇ ਬਖਸ਼ੀ ਟੌਹਰ ਨਵਾਬੀ।
ਜਿਉਂਦੇ ਰਹੋ ਪੰਜਾਬੀਓ, ਤੇ ਵੱਸਦੀ ਰਹੇ ਪੰਜਾਬੀ।“

ਪੁਸਤਕਾਂ: ਕਰੁੰਬਲਾਂ (4) ਫੌਰਚਿਊਨ ਪਬਲਿਸ਼ਰ

ਗਿਆਨ ਸਰੋਵਰ (5) ਗਾਂਧੀ ਪਬਲਿਸ਼ਿੰਗ ਹਾਊਸ

ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੇ ਉਦੇਸ਼ :

1. ਮਾਤ-ਭਾਸ਼ਾ ਪੰਜਾਬੀ ਪ੍ਰਤੀ ਮੋਹ ਪੈਦਾ ਕਰਨਾ।
2. ਮਾਤ-ਭਾਸ਼ਾ ਰਾਹੀਂ ਸਹਿਜੇ ਹੀ ਗਿਆਨ ਹਾਸਲ ਕਰਨਾ।
3. ਮਾਤ-ਭਾਸ਼ਾ ਰਾਹੀਂ ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਨਾਲ ਜੁੜਨਾ।
4. ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਦੇ ਨਿਯਮਾਂ ਦਾ ਪੂਰਨ ਗਿਆਨ ਕਰਵਾਉਣਾ।
5. ਬੋਲਣ ਤੇ ਲਿਖਣ ਕੋਸ਼ਲ ਦਾ ਵਿਕਾਸ ਕਰਨਾ।

ਬੱਚਿਆਂ ਲਈ ਨਿਰਦੇਸ਼ :

1. ਰੀਡਰ ਅਤੇ ਵਿਆਕਰਨ ਲਈ ਵੱਖਰੀ- ਵੱਖਰੀ ਕਾਪੀ ਲਗਾਈ ਜਾਵੇਗੀ।
2. ਦੁਹਰਾਈ ਤੇ ਮੁਲਾਂਕਣ ਲਈ ਕਾਪੀਆਂ ਅਤੇ ਕਿਤਾਬਾਂ ਨੂੰ ਸੰਭਾਲ ਕੇ ਰੱਖਿਆ ਜਾਵੇ।
3. ਸਾਰਾ ਕੰਮ ਸਾਫ਼ ਅਤੇ ਸੁੰਦਰ ਲਿਖਤ ਵਿੱਚ ਕੀਤਾ ਜਾਵੇ।
4. ਹਰ ਪ੍ਰਸ਼ਨ ਦਾ ਉੱਤਰ ਲਿਖਣ ਤੋਂ ਬਾਅਦ ਲਾਈਨ ਲਗਾਈ ਜਾਵੇ।
5. ਅਧਿਆਪਕ ਦੁਆਰਾ ਦਿੱਤਾ ਕੰਮ ਸਮੇਂ ਸਿਰ ਪੂਰਾ ਕਰਕੇ ਕਾਪੀ ਨਿਰੀਖਣ ਲਈ ਦਿੱਤੀ ਜਾਵੇ।
6. ਹਰ ਪਾਠ ਤੋਂ ਬਾਅਦ ਸੁਧਾਰ ਕੰਮ ਜ਼ਰੂਰ ਕੀਤਾ ਜਾਵੇ।
7. ਟੈਸਟ ਲਈ ਕਾਪੀ ਵੱਖਰੀ ਲਗਾਈ ਜਾਵੇ ਤੇ ਕਵਰ ਜ਼ਰੂਰ ਕੀਤੀ ਹੋਵੇ।

ਅਧਿਆਪਕਾਂ ਲਈ ਨਿਰਦੇਸ਼ :

1. ਭਾਸ਼ਾ ਦੇ ਸ਼ੁੱਧ ਉਚਾਰਨ ਤੇ ਸੁਲੇਖ ਵੱਲ ਖਾਸ ਧਿਆਨ ਦਿੱਤਾ ਜਾਵੇ।
2. ਹਰ ਪਾਠ ਪੂਰਾ ਹੋਣ ਮਗਰੋਂ ਟੈਲੀ ਕਰਵਾਇਆ ਜਾਵੇ।
3. ਪਾਠ ਨਾਲ ਸੰਬੰਧਿਤ ਗਤੀਵਿਧੀ ਜ਼ਰੂਰ ਕਰਵਾਈ ਜਾਵੇ।
4. ਹਰ ਪਾਠ ਪੜ੍ਹਨ ਤੋਂ ਬਾਅਦ ਭੁਲਾਵੇਂ ਸ਼ਬਦ ਜ਼ਰੂਰ ਲਿਖਵਾਏ ਜਾਣ।
5. ਕਾਪੀਆਂ ਅਤੇ ਕਿਤਾਬਾਂ ਦੀ ਚੈਕਿੰਗ ਸਮੇਂ ਸਿਰ ਧਿਆਨ ਨਾਲ ਕੀਤੀ ਜਾਵੇ।
6. ਬੱਚਿਆਂ ਦੀ ਭਾਸ਼ਾ ਸੰਬੰਧੀ ਹਰ ਗਤੀਵਿਧੀ ਦਾ ਪੂਰਾ ਰਿਕਾਰਡ ਰੱਖਿਆ ਜਾਵੇ।

ਨੋਟ: ਹਰੇਕ ਪਾਠ ਪੂਰਾ ਹੋਣ ਤੋਂ ਬਾਅਦ ਵਿਸ਼ਾ ਅਧਿਆਪਕ ਦੁਆਰਾ ਟੈਸਟ ਲਾਜ਼ਮੀ ਲਿਆ ਜਾਵੇ।

ਅਪ੍ਰੈਲ

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਕਰੁੰਬਲਾਂ ਪਾਠ- 1 ਭਾਰਤ ਮਾਂ ਦੇ ਬਾਲ	3	ਕਵਿਤਾ ਉਚਾਰਨ ਕਰਵਾਉਣਾ	ਅਖਬਾਰ ਵਿੱਚੋਂ ਕਵਿਤਾ ਕੱਟ ਕੇ ਚਿਪਕਾਓ	ਪਾਠ ਪੁਸਤਕ

ਪਾਠ-2 ਕਾਂ ਤੇ ਕੋਇਲ	3	ਕਾਂ ਬਾਰੇ ਕੋਈ ਕਹਾਣੀ ਸੁਣਾਓ।		ਪਾਠ ਪੁਸਤਕ
ਪਾਠ-3 ਫੁੱਲਾਂ ਦਾ ਮਹੱਤਵ	3	ਫੁੱਲਾਂ ਤੋਂ ਕੀ ਪ੍ਰੇਰਨਾ ਮਿਲਦੀ ਹੈ?	ਗੁਲਾਬ ਦੇ ਫੁੱਲ ਦੀ ਵਰਤੋਂ ਬਾਰੇ ਲਿਖੋ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
<u>ਗਿਆਨ ਸਰੋਵਰ</u> ਪਾਠ - 1 ਬੋਲੀ ਜਾਂ ਭਾਸ਼ਾ	2	ਭਾਸ਼ਾ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦੇਣਾ	ਪੰਜ ਰਾਜਾਂ ਤੇ ਭਾਸ਼ਾਵਾਂ ਦੇ ਨਾਂ ਲਿਖੋ	ਪੁਸਤਕ
ਵਿਰੋਧੀ ਸ਼ਬਦ 1-25 ਪਹਿਲੀ ਲਾਈਨ	1	ਮੌਖਿਕ ਵਿਧੀ		ਪੁਸਤਕ
ਬਿਨੈ ਪੱਤਰ-ਫੀਸ ਮੁਆਫੀ ਲਈ ਪੱਤਰ - ਪਿਤਾ ਜੀ ਤੋਂ ਪੈਸੇ ਮੰਗਵਾਉਣ ਲਈ	2	ਅਰਜ਼ੀ ਅਤੇ ਪੱਤਰ ਦੀ ਭਾਗ ਵੰਡ ਸਮਝਾਉਣੀ		ਪਾਠ- ਪੁਸਤਕ , ਗਰੀਨ ਬੋਰਡ
ਮਈ				
ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
<u>ਕਰੂੰਬਲਾਂ</u> ਪਾਠ-4 ਮਾਂ - ਬੋਲੀ ਪੰਜਾਬੀ	3	ਕਵਿਤਾ ਦੇ ਸਰਲਾਰਥ ਕਰਾਉਣੇ	ਮਾਂ- ਬੋਲੀ ਦੀਆਂ ਸਿਫਤਾਂ ਦੱਸੋ	ਪਾਠ ਪੁਸਤਕ
ਪਾਠ-5 ਹੁਨਰ ਦਾ ਕਮਾਲ	3	ਬੱਚਿਆਂ ਨੂੰ ਮਿਹਨਤ ਲਈ ਪ੍ਰੇਰਨਾ	ਕਾਗਜ਼ ਦੇ ਰੰਗ-ਬਰੰਗੇ ਫੁੱਲ ਬਣਾ ਕੇ ਕਾਪੀ 'ਤੇ ਚਿਪਕਾਓ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਪਾਠ-6 ਬੋਹੜ ਦਾ ਰੁੱਖ	3	ਰੁੱਖਾਂ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਦੱਸਣਾ	ਪਾਣੀ ਦੀ ਬਚਤ ਬਾਰੇ ਪੋਸਟਰ	ਪਾਠ ਪੁਸਤਕ
<u>ਗਿਆਨ ਸਰੋਵਰ</u> ਪਾਠ 2 (ਵਰਨ ਅਤੇ ਵਰਨਮਾਲਾ)	2	ਓ ਤੋਟ ਲ ਤੱਕ ਧੁਨੀਆਂ ਦਾ ਅਭਿਆਸ ਕਰਵਾਉਣੇ	ਵਰਨਮਾਲਾ ਲਿਖਵਾਉਣੀ	ਪੁਸਤਕ
ਪਾਠ 3 (ਲਗਾਂ ਤੇ ਲਗਮਖਰ)	2	ਮੁਹਾਰਨੀ ਸੁਣਾਉਣੀ		ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਅਸੁੱਧ-ਸੁੱਧ (1-42) ਪਹਿਲੀ ਲਾਈਨ	1	ਭੁਲਾਵੇਂ ਸ਼ਬਦ ਲਿਖਾਉਣੇ		ਗ੍ਰੀਨ ਬੋਰਡ
ਮੁਹਾਵਰੇ (1- 20)	1	ਪੀ.ਪੀ.ਟੀ.		ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਲੇਖ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ	1	ਵਿਚਾਰ-ਚਰਚਾ	ਸ੍ਰੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦੀ ਤਸਵੀਰ ਚਿਪਕਾਓ	ਪੁਸਤਕ/ਵੀਡੀਓ

ਜੂਨ ਗਰਮੀ ਦੀਆਂ ਛੁੱਟੀਆਂ				
ਜੁਲਾਈ				
ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਕਰੁੰਬਲਾਂ ਪਾਠ-7 ਗੀਤ ਉਹ ਦੱਸੋ ਕਿਹੜਾ	3	ਕਵਿਤਾ ਉਚਾਰਨ	ਰਬਿੰਦਰ ਨਾਥ ਟੈਗੋਰ ਬਾਰੇ 5 ਵਾਕ ਦੱਸੋ।	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-8 ਮੂਰਖ ਚੋਰ	3	ਚੋਰੀ ਦੇ ਨੁਕਸਾਨ ਦੱਸਣੇ	ਚੰਗੇ ਵਿਅਕਤੀ ਦੇ ਗੁਣ ਲਿਖੋ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਪਾਠ-9 ਭਾਈ ਲਹਿਣਾ ਜੀ (ਮੌਖਿਕ)	3	ਅਣਡਿੱਠਾ ਪੈਰੂ		ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-10 ਕੁੰਜਾਂ ਆਈਆਂ	3	ਵਿਆਖਿਆ ਕਰਨੀ	ਪੰਛੀਆਂ ਦੇ ਚਿਤਰ ਚਿਪਕਾਓ	ਪਾਠ-ਪੁਸਤਕ
ਗਿਆਨ ਸਰੋਵਰ				
ਪਾਠ-8 (ਸ਼ਬਦ ਬੋਧ)	2	ਸ਼ਬਦਾਂ ਦੀ ਬਣਤਰ ਬਾਰੇ ਦੱਸਣਾ	ਕੋਈ 5 ਸਾਰਥਕ ਤੇ ਨਿਰਾਰਥਕ ਸ਼ਬਦ ਲਿਖੋ	ਪੁਸਤਕ
ਲਿੰਗ ਬਦਲੋ (1-24) ਪਹਿਲੀ ਲਾਈਨ ਵਚਨ ਬਦਲੋ (1 ਤੋਂ 25) ਪਹਿਲੀ ਲਾਈਨ	2	ਭੁਲਾਵੇਂ ਸ਼ਬਦ		ਪੁਸਤਕ
ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (1-15)	1	ਟੀਮ ਗੇਮ		ਪੁਸਤਕ
ਲੇਖ : ਵਰਖਾ ਰੁੱਤ	1	ਵਿਚਾਰ ਚਰਚਾ		ਪੁਸਤਕ
ਅਗਸਤ ਤੇ ਸਤੰਬਰ: ਦੁਹਰਾਈ + ਪਹਿਲੀ ਟਰਮ ਪ੍ਰੀਖਿਆ				

SUBJECT - COMPUTER

“Technology is not an event, it's just part of the everyday learning”

Name of the Book: HANDS ON

Importance of Computer Education:

Computer technology has a deep impact on the education sector. Thanks to computers, imparting education has become easier and much more interesting than before. Computers have changed the way we study/work, be it any course/profession. Computers play a vital role in every field especially it play an important role in education. That is why the education system has made computer education a part of school curriculum. Considering the use of computer technology

in almost every sphere of life, it is important for everyone to have at least the basic knowledge of using computers.

Aims & objectives:

1. Foremost aim is to make students Technology Savvy.
2. Students must know about the concept of CPU its organization, memory & its types.
3. Students should be able to manage their files in the system.
4. Students should be able to create document in OpenOffice.org-Writer using different Fonts, Formatting options & Gallery.
5. To enable the students in creating simple presentations in OpenOffice.org-Impress.
6. To aware the students about the safe use of Computer System.

Instruction for the Teachers:

1. It is necessary to take students to the lab once in a week according to fix Time Table.
2. It is necessary to show all the links given in the book & perform all the given activities.
3. Teacher will look after each & every child in lab.
4. Teacher will make it sure that all the students have performed the lab activity or not.
5. Students will be evaluated only on the basis of skills in practical.

Instruction for the Students:

1. Bring book according to Time Table.
2. Sit according to Roll No. in lab.
3. Don't change the Control Panel Settings.
4. Follow all the Rules & Regulations of Lab + Instructions of Teacher.

Tools & Techniques:

Exploratory Thinking, Demonstration Method, Active Learner participation, Experimentation Method, Effective integration of Technology, Oral Questioning.

Note: Computer / ICT is a completely skill based subject. So, No Pen Paper Test / Exam will be conducted to evaluate the student's performance. Students will be evaluated on the basis of Practical skills only that will be conducted Month Wise, First Term & Annually.

APRIL

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 1 Know Your Computer	9	1. How the computer stores the information. 2. Differentiate between Primary and Secondary Memory. 3. Basic design of CPU.	E-Smart Board, Book, Hardware Parts

MAY

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 2 Organizing your work	9	1. Identify different files 2. Perform different operations like: Copy, Move, Rename and Delete	E-Smart Board, Stylus, Pre-Loaded Operating System

JUNE**SUMMER VACATION****JULY**

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 3 More Operations in Writer (OpenOffice.org)	9	1. To observe different Formatting options. 2. Use Bullets & Numbers, Special Characters, Keyboard shortcuts.	E-Smart Board, Stylus, Writer (OpenOffice.org)

AUGUST

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 4 Writing with Styles and Colours (Open Office.org -Writer)	9	1. Use different Formatting options available in Writer. 2. To check Spellings & Grammar	E-Smart Board, Stylus, Writer (OpenOffice.org)

SEPTEMBER

Revision + Oral/Practical Examination

SUBJECT- VISUAL ART

“Drawing plays a big role in our cognitive development. It can help us to learn write and think creativity, develop hand eye co-ordination, hone analytic skills”

Aims & Objectives:

1. To develop observation, imagination and self-expression to be able to put thoughts on paper through art.
2. To work confidently with a variety of material.
3. Art Education enables the child to explore alternative ways of communicating with others. It encourages the ideas that are personal, inventive & makes a vital contribution to the development of a range of intelligence.
4. To express individuality.
5. To develop eye and hand co-ordination.

Common Instructions for Students:

1. Students must bring their step by step Book & Drawing file according to timetable.
2. Students must bring their own drawing material like HB Pencil, Non-Dust Eraser, Pencil, Colour etc.
3. Students should use their creative & imaginative skill while drawing and performing craft.
4. Difficult topics must be practiced in drawing file.

Common Instructions for Teachers:

1. Teachers should prepare the activities mentioned in study plan in advance.
2. Use of Technology must be there.
3. Check and return the drawing files in time.

NOTE: Practically demonstration must be given by teacher using E-Smart board, colorful chalks, dusters, colors etc.

Tools for Evaluation:

- * Neatness in work and coloring.
- * Students creativity and interest.

APRIL

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 2to7 (still life study)	Draw and colour still life	4	Paper cutting flowers for board corners	Colourful papers, fevicol, scissors

MAY

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 8 to 16 (animal study)	Draw and colour flower basket	6	Mosaic collage making	Colourful glaze papers, cutting of papers, fevicol.

JUNE**Summer Vacation****JULY**

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 17 to 21(sketches)	Draw and colour slogan writing	4	Rakhi making	A4 size coloured sheet, ribbon, decoration material, fevicol

AUGUST**Revision of First Term Syllabus****SEPTEMBER****FIRST TERM EXAMINATION****SUBJECT- GENERAL KNOWLEDGE**

Name of Book : Kid Wiz

Publication : DAV Publication

“An investment in General Knowledge pays the best interest.”

IMPORTANCE OF GENERAL KNOWLEDGE: The name itself says that it is a general that every common student must and should possess. It is useful in terms of personal, academic and professional levels. In day to day life also general knowledge is very useful as it is all about common things. It is an important component of crystallized intelligence and is strongly associated with general intelligence. It is a wide body of information that a student acquires from education and from life. It also helps to grow student's confidence level and may prove to be of some great help during some important events of our lives like interview etc. A good knowledge of everything around always impresses the people around you.

Aims and Objectives:

1. To acquaint students about their surroundings.
2. To have a healthy discussion about the day to day happenings around the world.
3. To formulate the students for the competitive level of general awareness.
4. To make students more competent and smarter.

Instructions for the Teachers:

1. It is necessary that the teacher's voice should be audible and clear.
2. It is mandatory to prepare the teaching content in advance.
3. Teacher will make it sure that all the students must carry their study material like books or scrap file etc.
4. It is advisable to maintain complete record of student's performance.
5. It is necessary that the checking must be done carefully and in proper time.
6. Newspapers reading must be in every lecture.

Instructions for the Students:

1. Students must complete the given work at proper time.
2. Scrap files must be maintained properly.
3. Students must follow all the instructions from the teacher.
4. Students must converse in English language.

Note: Write 3 to 5 lines about every activity / project work on the scrap file.

APRIL

Unit No and Name	No of Periods	Activity	Teaching Aids
UNIT I : Language and Literature	4	Scrap File Work : 1. Paste 3 pictures of famous Poets of English and write 3 lines about each of them.	Kid Wiz Book + E-Smart
2. Reflection of a good student, School Code of Conduct	2	Group discussion on the content mentioned in School Diary.	School Diary

MAY

Unit No and Name	No of Periods	Activity	Teaching Aids
UNIT II: Environment Around	3	Scrap File Work : 1. Make a collage on "Cleanliness". 2. Write about Current Ministers of India (Finance, Health, Education, Foreign Affairs, Prime Minister, President, Vice President etc.)	Kid Wiz Book + E-Smart

JUNE SUMMER VACATION (Learn the completed syllabus for First Term)

JULY

Unit No and Name	No of Periods	Activity	Teaching Aids
UNIT III: World Around	3	1. Paste the pictures of Wonders of India and name them.	Kid Wiz Book + E-Smart

AUGUST**Revision of First Term Syllabus****Learning of School Lunch Prayer****SEPTEMBER****FIRST TERM EXAMINATION****विषय- नैतिक शिक्षा****पुस्तक: नैतिक शिक्षा****प्रकाशन : डी.ए.वी .प्रकाशन**

“शिष्टाचार अथवा विनम्रतापूर्वक एवं शालीनतापूर्ण आचरण ही वह आभूषण है , जो मनुष्य को आदर सम्मान दिलाता है ।”

उद्देश्य:

1. छात्रों में माता-पिता, अध्यापकों एवं बुजुर्गों के प्रति सम्मान और सेवा भावना उत्पन्न करना ।
2. छात्र-छात्राओं में ईश्वर भक्ति की भावना के साथ-साथ उनमें आस्तिकता की भावना उत्पन्न करना।
3. धार्मिक रूचि का संवर्धन करना, अच्छी आदतें डालना।
4. उन्हें देश एवं जाति की सेवा के प्रति कर्तव्यनिष्ठ बनाना।
5. उत्तम ग्रंथों के माध्यम से स्वाध्याय के प्रति रूचि जागृत करना।
6. देश-धर्म की सेवा में जीवन लगाने वाले तथा उत्तम ग्रन्थों की रचना द्वारा ज्ञान का संवर्धन करने वाले महापुरुषों के चरित्र से परिचय करवाना।

नोट:-

1. नैतिक शिक्षा पुस्तक पढ़ना ही काफी नहीं है ,बल्कि अपने जीवन को धार्मिक व सदाचारी बनाना जरूरी है।
2. कक्षा क्रम के अनुसार हवन से पहले बच्चों को दान देने के लिए प्रेरित किया जाए।

अध्यापकों के लिए सामान्य निर्देश:

1. बच्चों को प्रतिदिन नैतिक शिक्षा की जानकारी देना।

2. बच्चों को पुस्तक ज्ञान को अपने अंदर डालने के लिए प्रेरित करना।

विद्यार्थियों के लिए सामान्य निर्देश :

1. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें।
2. अध्यापकों द्वारा दी गई शिक्षा पर अमल करें।
3. मन्त्र, प्रार्थनाओं का नित्य अभ्यास करें।
4. सदाचारी, शिष्टाचारी बनें व अनुशासन में रहें।
- 5.

अप्रैल

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-1 याचना तथा यज्ञ महिमा	2	प्रार्थना को कंठस्थ करवाना तथा सुनना।	पाठ्य पुस्तक
पाठ-2 गायत्री मंत्र का महत्त्व	2	गायत्री मंत्र का उच्चारण एवं चर्चा।	श्रव्य सामग्री
पाठ-3 आर्य समाज के नियम (1-5)	2	व्याख्या द्वारा समझाना।	चार्ट

विषय संवर्धन गतिविधि- यज्ञ महिमा का उच्चारण

मई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-4 मूलशंकर का गृहत्याग और गुरुदक्षिणा	2	स्वामी दयानंद जी के जीवन चरित्र से परिचित करवाना।	दृश्यात्मक सामग्री
पाठ-5 ऋषि महिमा	1	उच्चारण करवाना।	पाठ्य पुस्तक
पाठ- 6 अच्छा बालक	2	अच्छे बालक के 5 -7 गुण याद करवाना और सुनना।	पाठ्य पुस्तक

विषय संवर्धन गतिविधि : अच्छे बालक पर वाक्य बुलवाना

पाठ- 7 महात्मा सुकरात की सहनशीलता	2	सहनशीलता जैसे गुणों का बच्चों में समावेश करना।	पाठ्य पुस्तक
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जून

ग्रीष्मावकाश

जुलाई

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-8 बड़े घर के गायक	2	संत हरिदास की जानकारी देना।	चार्ट
पाठ-9 गुणगान	2	प्रार्थना कंठस्थ करवाना।	पाठ्य पुस्तक

विषय संवर्धन गतिविधि : आर्य समाज के नियम बुलवान (1-5)

अगस्त करवाए गए पाठ्यक्रम की दोहराई
सितंबर अर्ध वार्षिक परीक्षा

विषय - संस्कृत

पुस्तक : सुरभि

प्रकाशन : डी.ए.वी. प्रकाशन

सामान्य उद्देश्य:

1. विद्यार्थियों में संस्कृत के प्रति रुचि एवं संस्कार उत्पन्न करना ।
2. विद्यार्थियों में संस्कृत ज्ञान को विकसित करना ।
3. बच्चों में राष्ट्र समाज व अपने संस्थान के प्रति सम्मान की भावना उत्पन्न करना ।
4. पाठों के माध्यम से बच्चों को संस्कृत की बातचीत की शैली से परिचित करवाना ।
5. स्वाध्याय की रुचि को बढ़ाना ।

अध्यापकों के लिए सामान्य निर्देश:

1. अध्यापक पहले से ही पाठ योजना तैयार करें ।
2. कक्षा में भाषा का उच्चारण शुद्ध एवं प्रभावशाली होना चाहिए ।
3. सभी अध्यापक विद्यार्थियों के पठन कौशल में विशेष ध्यान दें ।
4. बच्चों को संस्कृत भाषा बोलने के लिए प्रेरित करना ।

अध्यापकों के लिए सामान्य निर्देश:

1. बच्चे पाठ के पठन पर विशेष ध्यान दें ।
2. विद्यार्थी कक्षा में अनुशासित ढंग से पठन पाठन प्रक्रिया में भाग लें ।
3. प्रतिदिन संस्कृत भाषा का अभ्यास करेंगे ।
4. पीरियड के अनुसार संस्कृत की पुस्तक लाना अनिवार्य है ।

अप्रैल

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ - प्रार्थना - हे प्रभो !	1	लय -स्वर सहित प्रार्थना का उच्चारण	पुस्तक
पाठ-1 मधुरा प्रभात-वेला	1	सुबह की सैर के फायदे	पुस्तक
पाठ-2 मम परिवार	2	परिवार के सदस्यों का नाम संस्कृत में उच्चारण करवाना ।	दृश्यात्मक सामग्री

विषय संवर्धन गतिविधि : संस्कृत परिचय**मई**

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-3 वयं पश्यामः जन्तुशालां	1	कहानी सुनना	पुस्तक
पाठ-4 शाकहट्टम	2	सब्जियों के नाम संस्कृत में उच्चारित करवाना ।	दृश्यात्मक सामग्री
पाठ-5 अस्माकं प्रियमित्राणि (पक्षिणः)	1	पक्षियों के नाम संस्कृत में उच्चारित करवाना ।	दृश्यात्मक सामग्री

जून**ग्रीष्मावकाश****जुलाई**

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-6 ये फलानि खादन्ति ते सुखिनः वसन्ति	2	फलों के नाम संस्कृत में उच्चारण करवाया जाएगा ।	पुस्तक
पाठ-7 चित्र प्रदर्शनी	2	संस्कृत के नए शब्दों का ज्ञान करवाया जाएगा ।	पुस्तक
गिनती (1-25)	1	आस-पास के उदाहरण देना ।	दृश्यात्मक सामग्री

विषय संवर्धन गतिविधि : पठन कला प्रतियोगिता

अगस्त करवाए गए पाठ्यक्रम की दोहराई
सितंबर अर्ध वार्षिक परीक्षा

SUBJECT- PERFORMING ART

“Practice, like you’ve never won. Perform, like you’ve never lost.”

Importance of Music & Dance:

Music and dance give great self-satisfaction and self-confidence. It brings name, fame and riches i.e. success in life. It has social, emotional, and spiritual benefits and gives happiness to life.

Instruction for Teachers:

1. Give the introduction about your topic and demonstrate.
2. Pay attention towards Non-Performers.
3. Teacher should be well prepared.
4. The song should be selected according to class level.
5. Assessment of students should be done on regular basis.

Instruction for Students:

Move in queue to Music and Dance room.

1. Keep the shoes in shoes Rack.
2. Do the practice at home.
3. Don't touch anything without teacher's permission.

Aims:

1. To develop a context for aesthetic and artistic experience and the opportunity to develop personally and physically through participated in dance in an enjoyable environment.
2. To develop students' musical literacy and musical sense through joining music activities.

Objectives:

1. To enhance knowledge and understanding of dance as an aesthetic & artistic experience.
2. Cooperate with others in dance activities.
3. To develop self-confidence.
4. Give chance to sing in front of audience in small functions in school.
5. Basic knowledge of maximum musical instruments.
6. To enhance the hidden talent in students.

APRIL to MAY

Topic	No. of Days	Tools & Techniques	Teaching Aid
Choreography	6	Demonstration with steps	With Sound System
General Song (Labour day)	6	Demonstration with singing	Lyrics + Dholak , Harmonium

JUNE**SUMMER VACATION****JULY - AUGUST**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Punjabi Folk Dance	6	Demonstration with steps	With sound system
Punjabi Folk Song	6	Demonstration with singing	Lyrics + Harmonium

AUGUST**Revision of First Term Syllabus****SEPTEMBER****FIRST TERM EXAMINATION****SUBJECT-HEALTH & PHYSICAL EDUCATION****Aims & Objectives:**

1. Interact with the natural world in a positive manner.
2. To develop qualities such as leadership, team spirit, sense of belongingness, Courage and self defence.
3. To make them participate in the activities for fun and enjoyment.
4. Exhibit movement with body control.
5. To ensure optimum growth of each child.
6. To make understand of hygienic fitness, protection and health.
7. To bring overall awareness about health status.
8. To make people physically, mentally and emotionally strong and fit.
9. To develop self-confidence and courage among students.
10. To participate in team game for physical fitness enjoyment and team spirit.
11. To develop student's interest in exercise with confidence.
12. To make the children aware about health

APRIL

Lesson-No Topic	No of Period	Tool & Techniques	Teaching Aid
Human Body	01	Demonstration	Chart / Video
Game- Kho - Kho	02	Play Game in Ground	Play Game/Video

Gym Period	01	Exercise In Gym	Multi Gym
Yoga - Padamasana & Tarasana	02	Perform Yogasana	Body Movement/ Chart

MAY

Lesson-No Topic	No of Period	Tool & Techniques	Teaching Aid
Sports Skills	01	Demonstration	Chart / Video
Game- Kho - Kho	02	Play Game in Ground	Play Game/Video
Gym Period	01	Exercise In Gym	Multi Gym
Yoga - Bhujangasana & Chakrasana	02	Perform Yogasana	Body Movement/ Chart

JUNE**SUMMER VACATION****INTERNATIONAL YOGA DAY CELEBRATION****JULY**

Lesson-No Topic	No of Period	Tool & Techniques	Teaching Aid
Game- Kho - Kho	02	Play Game in Ground	Play Game/Video
Yoga -- Halasana & Dhanurasana	02	Perform Yogasana	Body Movement/ Chart
Gym Period	01	Exercise In Gym	Multi Gym
We & Environment	01	Demonstration	Chart / Video

Sports Day - 28 August**Subject Enrichment Activities:**

1. Benefits of Yoga.
2. Rules for game Kho- Kho

AUGUST Revision of First Term Syllabus**SEPTEMBER FIRST TERM EXAMINATION**

ORAL / PRACTICAL CRITERIA**GENERAL KNOWLEDGE****PHYSICAL EDUCATION**

Sr. No.	Criteria	Marks
1	Book Content	12
2	Scrap file	3
3	Current News	1
4	Self-Introduction	2
5	Condition of Book	1
6	Condition of Diary	1
7	Discipline	1
8	Uniform	1
9	Diary Content	3
Total		25

Sr. No.	Criteria	Marks
1	Yoga Each Asanas(5 Marks)	15
2	Fundamental Skills of Games	15
3	Yoga Viva	5
4	Game Viva	5
5	Yoga Practical File	5
6	Game Practical File	5
Total		50

COMPUTER

Practical Activity 1 (10 Marks)	Practical Activity 2 (10 Marks)	Practical Activity 3 (10 Marks)	Marks of Two Best Activities (10+10=20)	Short Practical 2 (10) + Long Practical 1 (10) + Viva (10) = 30 Marks (Oral / Practical Examination)	Total Marks = 50 Monthly Activities (20) + Oral / Practical Examination (30)

Students will be awarded grades as Computer / ICT is a Co - Scholastic Subject

संस्कृत	
क्रं विषय	कुल अंक (25)
1. पुस्तक पढ़ना	5 अंक
2. व्याकरण	5 अंक
3. पाठ्य पुस्तक का अभ्यास	10 अंक
4. संस्कृत परिचय	2 अंक
5. अनुशासन / वर्दी / पुस्तक	3 अंक
कुल	25 अंक

नैतिक शिक्षा

Term-I

1. याचना प्रार्थना / यज्ञ महिमा	3 अंक
2. गायत्री मंत्र का अर्थ	3 अंक
3. आर्य समाज के नियम	3 अंक
4. अच्छे बालक के गुण	3 अंक
5. पुस्तक, अनुशासन, वर्दी	3 अंक
6. प्रश्न / उत्तर	10 अंक
कुलांक	25 अंक

Term- II

1. आर्य समाज के नियम	3 अंक
2. मंत्र उच्चारण	3 अंक
3. विरजानंद / भगत सिंह पर वाक्य / पंडित गुरुदत्त विद्यार्थी	3 अंक
4. प्रश्न / उत्तर	10 अंक
5. अनुशासन / वर्दी / पुस्तक	3 अंक
6. प्रार्थना (दयानंद प्रशस्ति)	3 अंक
कुलांक	25 अंक

PERFORMING ART

Dance	
1. Interest	5 Marks
2. Body Movement	5 Marks
3. Expression	5 Marks
4. Active Participation	5 Marks
5. Imagination & Innovation	5 Marks
6. Artistic Temperament	5 Marks

Music	
1. Interest	5 Marks
2. Rhythm	5 Marks
3. Melody	5 Marks
4. Active Participation	5 Marks
5. Imagination & Innovation	5 Marks
6. Artistic Temperament	5 Marks

Note:-Students will be observed in 3 points grading scale.

(A = Outstanding, B = V. Good, C = Fair)

The aspects of regularity, sincere participation, output and teamwork.

Second Term (October to March)**SUBJECT- ENGLISH****OCTOBER**

Lesson No. / Topic	No. of Periods	Activities	Art Integration Activity	Teaching Aids / Technology
Reader Book (Poem) Just Be Up and Doing	1	Students will recite poem with voice modulation		Text Book
(Reader Book) Chapter :1 The Fearless Fighter	4	Students will make a list of Compound Words	Make a collage of Sudha Chandran Achievements	Text Book, PPT on physically challenged persons
(Reader Book) Read it Yourself Heena's Determination	1	Extensive Reading		Text Book
Essay : The Man with an Iron Will (Pg no-74 Reader Book)	1	Students will write an essay by using hint words		Notebook
Unit :7 Present Perfect Tense (Practice Book)	2	Worksheet		E-Smart Board, Textbook
Unit:8 Sentences (Practice Book)	3			E-Smart Board
Definition of Sentence and its types	2	Active Participation of students		Interactive Board/Green board
Unseen Comprehension Passage A.4 Food Allergies (Practice Book)	1	Intensive Reading Scope for raising questions		Text Book

Subject Enrichment Activity-**Essay Writing Contest**

Note: It is mandatory to conduct test after the completion of each and every chapter / topic.

NOVEMBER

Lesson No./ Topic	No. of Periods	Activities	Art Integration Activity	Teaching Aids/ Technology
Chapter : 2 Five Chums and the Hacker (Reader Book)	4		Advertisement Activity	Text book
Chapter : 3 I've Got an E-mail (Reader Book)	2	Students will recite poem with voice modulation		Text book , E-smart board
Unit :9 Conditionals (Practice Book)	2	Worksheet		E-smart board
Unit :10 Modals (Practice Book)	1			E-smart board
Make sentences as noun and verb(10)	1	Teacher will guide the students how to make sentences using words as nouns and verbs		Note Book , Green Board
Past Tense (Simple Past, Past Continuous, Past Perfect)	2	Worksheet		E-smart board
E-mail	1			Text Book, Green Board
Unit -11 Modals (Practice Book)	2			E-smart board

Unseen Comprehension Passage A.5 Field Hockey Practice Book	1	Intensive Reading		Text Book
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Subject Enrichment Activity-**Worksheet on Conditionals**

Note: It is mandatory to conduct test after the completion of each and every chapter / topic.

DECEMBER

Lesson No. / Topic	No. of Periods	Activities	Art Integration Activity	Teaching Aids / Technology
Chapter: 3 It's Getting Hotter (Reader Book)	3		Poster Making on Global Warming	Text book
Poem Plant A Seed (Reader Book)	1			Text book
Chapter: 4 The Green Act (Reader Book)	4			Textbook
Tape Script: Credit Card Page No 100 (Reader Book)	1			Stereo, CD
Unit -12 Reflexive Pronoun (Practice Book)	2	Students will make a table of pronouns		E-Smart Board, textbook
Future Tense (Simple Future, Future Continuous, Future Prefect Tense)	2	Worksheet		E-Smart Board
Unit- 13 Prepositions (Practice Book)	2			Text book
Tape Script: Eco Friendly	1			Stereo , CD

Environment Page No 128 (Reader Book)				
Essay Importance of Discipline in Life	1			Green board
Unseen Comprehension Passage A.6 The Silver Fish (Practice Book)	1			Textbook
My Hobby	1			Notebook

**Subject Enrichment Activity-
JANUARY AND FEBRUARY
FEBRUARY
MARCH**

**Quiz on Tenses
Revision of whole Syllabus+ Pen Paper Tests
Subject Enrichment Activity- Calligraphy
ANNUAL EXAMINATION**

विषय - हिंदी

अक्तूबर				
पाठ का नाम / विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ-11 बिरसा मुंडा (भाषा माधुरी)	2	-	किसी एक कबीले के बारे में पूरी जानकारी बताना/सुनकर प्रश्नों का उत्तर देना	दृश्यात्मक प्रस्तुतिकरण
पाठ-11 बिरसा मुंडा (भाषा अभ्यास)	3	-		
निबंध- प्रातःकाल की सैर	2	-	सैर के फायदों पर चर्चा	पाठ्य पुस्तक
पाठ-12 अगर न नभ में बादल होते (भाषा माधुरी)	2	-	अंताक्षरी	दृश्यात्मक प्रस्तुतिकरण
पाठ-12 अगर न नभ में बादल होते (भाषा अभ्यास)	2	ऋतुओं की रानी - वर्षा और ऋतुओं का राजा - बसंत पर पाँच-पाँच वाक्य लिखें	-	-

नवंबर

पाठ का नाम/ विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ -13 प्रिय पौधा (भाषा माधुरी)	2	-	पौधों में भी संवेदना होती है चर्चा	दृश्यात्मक प्रस्तुतिकरण
पाठ-13 प्रिय पौधा (भाषा अभ्यास)	3	-		
पाठ-14 बुद्धिमान राजा (भाषा माधुरी)	2	अकबर/बीरबल से जुड़ी कहानियों का अभिनय कौशल	-	दृश्यात्मक प्रस्तुतिकरण
पाठ-14 बुद्धिमान राजा (भाषा अभ्यास)	3		-	पाठ्य पुस्तक
पाठ-15 अंधेर नगरी चौपट राजा (केवल पढ़ने के लिए)	1		-	
पाठ-16 चाँद का कुर्ता (भाषा माधुरी)	2		सस्वर गायन	दृश्यात्मक प्रस्तुतिकरण (कारक)
पाठ-16 चाँद का कुर्ता (भाषा अभ्यास)	2			
निबंध – मेरे जीवन का उद्देश्य	2		लेखन कौशल	विषय से सम्बंधित पुस्तक
कारक और उसके भेद और लिपि	1		कारक शब्दों पर घेरा लगाना	ई- स्मार्ट
पत्र – चाचा जी को उपहार के लिए धन्यवाद पत्र	1		पत्र का प्रारूप समझाना	

दिसंबर

पाठ का नाम/ विषय	कालांश	कला एकीकृत गतिविधि	पाठ से संबंधित विषय संवर्धन गतिविधि	सहायक सामग्री
पाठ-17 हार की जीत (भाषा माधुरी)	2	-	दूसरों की सहायता करने के लिए बच्चों को प्रेरित करना	दृश्यात्मक प्रस्तुतिकरण
पाठ-17 हार की जीत (भाषा अभ्यास)	3	-		

पाठ-18 बेटटिना का साहस (भाषा माधुरी)	2	-	मुश्किलों का डट कर सामना करना चाहिए चर्चा	दृश्यात्मक प्रस्तुतिकरण
पाठ-18 बेटटिना का साहस (भाषा अभ्यास)	3	-		
पाठ-19 लौट आया आत्म विश्वास (भाषा माधुरी + भाषा अभ्यास)	1	-	अपठित गद्यांश	पाठ्य-पुस्तक
पत्र - नगर निगम को मोहल्ले की सफाई के लिए पत्र	2	-	पत्र का प्रारूप समझाना	विषय संबंधित पुस्तक
पाठ-20 कोशिश करने वालों की हार नहीं होती (भाषा माधुरी)	2	कविता गायन	-	पाठ्य-पुस्तक
पाठ-20 कोशिश करने वालों की हार नहीं होती (भाषा अभ्यास)	2	-	-	
जनवरी / फरवरी	द्वितीय सत्र की दोहराई			
मार्च	वार्षिक परीक्षा			

SUBJECT- MATHEMATICS

OCTOBER

Unit No./ Topic	No. of Periods	Activities	Art Integration Activities	Teaching Aids/ Technology
Unit 5: Decimals	6	--	Handout Activity (Curriculum guidelines Page 54)	Text book, E- Smart contents
Unit 6: Addition and Subtraction of Decimal Numbers	5	Relay Race (Curriculum guidelines Page 46)	--	Notebook, Interactive Whiteboard/ Green board
Unit 7: Multiplication and Division of Decimal	4	Step by Step (Curriculum guidelines Page 50)	--	Text book, Notebook, Interactive Whiteboard/

Numbers (Worksheet 1 to 5)				Green board
Table 14 and 15	1	Video	--	E- Smart contents, Notebook

Subject Enrichment Activity:- Handout Activity (Unit- 5 Decimals)

NOVEMBER

Unit No./ Topic	No. of Periods	Activities	Art Integration Activities	Teaching Aids/ Technology
Unit 7: Multiplication and Division of Decimal Numbers (Worksheet 6 to 13)	4	Step by Step (Curriculum guidelines Page 50)	--	Text book, Notebook, Interactive Whiteboard/ Green board
Unit 15: Temperature	2	--	First Hand experience (Curriculum guidelines Page 63)	Clinical Thermometer, E- Smart contents
Unit 9: Rounding off Numbers (Selected Questions)	3	Pick 'n' Solve(Curriculum guidelines Page 57)	--	Notebook, Interactive Whiteboard/ Green board
Table 16 to 18	1	Video	--	E- Smart contents, Notebook
Unit 11: Profit and Loss	6	Dramatize and Learn (Curriculum guidelines Page 58)	--	Concrete objects, Money
Unit 12: Percentage	8	Paper work(Curriculum guidelines Page 60)	--	Text book, Notebook, E- Smart contents, Colors

Subject Enrichment Activity:- Paper work

DECEMBER

Unit No./ Topic	No. of Periods	Activities	Art Integration Activities	Teaching Aids/ Technology
Unit 8: Simplification of Numerical Expressions	3	Chart Display (Curriculum guidelines Page 46)	----	Text book, Notebook, Drawing Sheets, Colors
Unit 16: Triangles	6	Chart Display	-----	Text book, Notebook, Colored Sheets, Colours
Table 17 to 20	2	Video	-----	E- Smart contents, Notebook
Unit 13: Simple Interest	4	-----	Graffiti wall	Chart, E- Smart contents

Subject Enrichment Activity:- Chart display on Simplification of Numerical Expressions

JANUARY / FEBRUARY

Revision for whole Syllabus

MARCH

ANNUAL EXAMINATIONS

SUBJECT-SCIENCE

OCTOBER

Chapter Name	No. of Periods	Activities / Art Integration	Practicals	Teaching Aids
Chapter- 6 Spoilage of food and Food preservation	9	1.Real life examples page no. 60 2.Find out page no. 65	Bread Activity page no. 65	Bread , Green board, E-smart, laboratory method
Chapter -8 Properties of water	9	To show solubility , insolubility, floating , sinking, evaporation.	To show solubility of different substances.	Laboratory method, E-smart, sand salt, oil, stones

NOVEMBER

Chapter Name	No. of Periods	Activities / Art Integration	Practicals	Teaching Aids
Chapter - 9 Fuels	9	1. Discussion- Fossil fuels.		Solid fuels, liquid fuels ,flash

		Mind mapping - Different types of fuels		cards
Chapter 10 Air	9	Diagram 1. Composition of air 2. Atmospheric shield	To show oxygen is essential for burning.	Book , E-smart , candle
		Subject Enrichment - To make poster on Energy Conservation.		

DECEMBER

Chapter Name	No. of Periods	Activities / Art Integration	Practicals	Teaching Aids
Chapter 11 Our solar system	9	1. Book page no.114 2. Diagram Solar system		Book , E- smart , Models of planets
Chapter 12 Observing the sky	9	1. Book page no. 123 2. Diagram - Ursa Major, Ursa Minor, Pole star.	1. Draw solar system and write about planets. 2. Write about constellations.	Book, E-smart video
		Subject Enrichment- To study latest artificial satellite launched in the world. (any one) Role play of your any favourite planet or pole star.		

JANUARY / FEBRUARY Revision of whole syllabus
MARCH ANNUAL EXAMINATION

SUBJECT-SOCIAL SCIENCE**OCTOBER**

Lesson No. / Topic	No. of Periods	Activities / Subject Enrichment	Art Integration	Teaching Aids
Lesson-7: Changing trends in occupations	8	Write some lines on Swachhata Abhiyan or Make a poster	-	E Smart Board, Textbook videos

Lesson-8: Respecting regional differences	7	-	Write the information about your state	E Smart Board, Textbook videos
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NOVEMBER

Lesson No./ Topic	No. of Periods	Activities/ Subject Enrichment	Art Integration	Teaching Aids
Lesson-9 Exploring India	7		Worksheet on monuments	E Smart Board, Textbook videos
Lesson-10 Mapping India	7	Make the symbols and signs used in map.	Draw the Diagram of Rotation and Revolution	E Smart Board, Textbook videos
Lesson-11: Transport in modern times	6	Flow Chart	-	E Smart Board, Textbook videos

DECEMBER

Lesson No./ Topic	No. of Periods	Activities/ Subject Enrichment	Art Integration	Teaching Aids
Lesson-12: Communication in modern times	8	Debate "effects of mobile phone and internet"	-	E Smart Board, Textbook videos
Lesson-13: India's neighbour	7	Discussion	Write the information of your neighboring country (any one)	

**JANUARY / FEBRUARY
MARCH**

Revision of whole Syllabus
ANNUAL EXAMINATION

ਵਿਸ਼ਾ - ਪੰਜਾਬੀ

ਅਕਤੂਬਰ

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਕਰੁੰਬਲਾਂ ਪਾਠ- 11 ਅੱਲਾ ਦਿੱਤੇ ਦੀਆਂ ਕੁੜੀਆਂ	3	ਧੀਆਂ ਸੰਬੰਧੀ ਇਕਾਂਗੀ ਦਿਖਾਉਣੀ	ਪਾਠ ਵਿੱਚ ਆਏ ਸ਼ਬਦਾਂ ਦੇ ਲਿੰਗ/ਵਚਨ ਬਦਲ ਕੇ ਲਿਖੋ	ਈ- ਸਮਾਰਟ ਬੋਰਡ

ਪਾਠ-12 ਜਪਾਨੀਆਂ ਦੀ ਦੇਸ਼ ਭਗਤੀ	3	ਵਿਆਖਿਆ ਵਿਧੀ	ਭਾਰਤੀ ਦੇਸ਼ ਭਗਤਾਂ ਦੀਆਂ ਤਸਵੀਰਾਂ ਲਗਾਓ	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-13 ਨਸ਼ਿਆਂ ਤੋਂ ਆਪ ਨੂੰ ਬਚਾਓ ਦੋਸਤੋ	3	ਕਵਿਤਾ ਉਚਾਰਨ	ਪੋਸਟਰ ਬਣਾਓ	ਪਾਠ-ਪੁਸਤਕ
<u>ਗਿਆਨ ਸਰੋਵਰ</u> ਪਾਠ 9 ਨਾਂਵ	2	ਆਲੇ- ਦੁਆਲੇ 'ਚੋਂ ਉਦਾਹਰਨਾਂ ਦੇ ਕੇ ਸਮਝਾਉਣਾ	ਕਿਸੇ ਅਕਾਰ ਵਿੱਚ ਕਿਸਮਾਂ ਦੇ ਨਾਂ ਲਿਖੋ	ਪਾਠ-ਪੁਸਤਕ
ਅਸੁੱਧ-ਸੁੱਧ (1-25) ਦੂਜੀ ਲਾਈਨ	1	ਭੁਲਾਵੇਂ ਸ਼ਬਦ	-	ਗ੍ਰੀਨ ਬੋਰਡ
ਵਿਰੋਧੀ ਸ਼ਬਦ(1-25) ਦੂਜੀ ਲਾਈਨ	1	ਮਟਕਾ ਗੇਮ	-	ਪਰਚੀਆਂ
ਲੇਖ-ਮੇਰਾ ਸਕੂਲ ਕਹਾਣੀ-ਸ਼ੇਰ ਅਤੇ ਚੂਹੀ	2	ਲੇਖ ਪੜ੍ਹਾਉਣਾ ਵੀਡੀਓ ਦਿਖਾਉਣੀ / ਵਿਆਖਿਆ ਕਰਨੀ	ਆਪਣੇ ਸਕੂਲ ਬਾਰੇ ਸਤਰਾਂ ਬੋਲੋ	ਪੁਸਤਕ ਈ- ਸਮਾਰਟ ਬੋਰਡ

ਨਵੰਬਰ

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਕਰੁੰਬਲਾਂ ਪਾਠ-14 ਰੱਬ ਆਸਰੇ	3	ਟ੍ਰੈਫਿਕ ਨਿਯਮਾਂ ਬਾਰੇ ਵਿਚਾਰ	ਟ੍ਰੈਫਿਕ ਬੱਤੀਆਂ ਦੀ ਤਸਵੀਰ ਬਣਾਓ	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਪਾਠ-15 ਲੋਹੜੀ ਤੇ ਮਾਘੀ	3	ਮਾਘੀ ਬਾਰੇ ਦੱਸਣਾ	ਲੋਹੜੀ ਦਾ ਗੀਤ ਸੁਣਾਓ	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-16 ਪਰਉਪਕਾਰ	3	ਕਵਿਤਾ ਉਚਾਰਨ		ਪਾਠ-ਪੁਸਤਕ
<u>ਗਿਆਨ ਸਰੋਵਰ</u> ਪਾਠ 10 (ਪੜਨਾਂਵ)	2	ਪੀ.ਪੀ.ਟੀ ਵਿਖਾਉਣੀ	ਉਦਾਹਰਨਾਂ ਦੀਆਂ ਕਿਸਮਾਂ ਦੱਸੋ	ਸਮਾਰਟ ਬੋਰਡ
ਵਚਨ ਬਦਲੋ (1 ਤੋਂ 25) ਦੂਜੀ ਲਾਈਨ	1	ਜਮਾਤ 'ਚੋਂ ਉਦਾਹਰਨਾਂ ਪੁੱਛਣੀਆਂ	-	ਪੁਸਤਕ
ਮੁਹਾਵਰੇ (11-20)	1	ਪੀ.ਪੀ.ਟੀ ਵਿਖਾਉਣੀ	-	ਈ- ਸਮਾਰਟ ਬੋਰਡ
ਲੇਖ - ਦੀਵਾਲੀ ਦਾ ਤਿਉਹਾਰ ਕਹਾਣੀ- ਦੋ ਮਿੱਤਰ ਅਤੇ ਰਿੱਛ	1 1	ਸਮੂਹ ਚਰਚਾ	ਕਹਾਣੀ ਬੁਣਨਾ	ਪੁਸਤਕ

ਦਸੰਬਰ

ਪਾਠ/ ਵਿਸ਼ਾ	ਪੀਰੀਅਡ	ਗਤੀਵਿਧੀਆਂ	ਕਲਾਕ੍ਰਿਤੀ	ਅਧਿਆਪਨ ਸਮੱਗਰੀ
ਕਰੁੰਬਲਾਂ ਪਾਠ-17 ਮਾਂ ਦੀ ਸਿੱਖਿਆ	3	ਵਿਚਾਰ ਵਟਾਂਦਰਾ	ਆਪਣੀ ਮਾਂ ਬਾਰੇ ਲਾਈਨਾਂ ਲਿਖੋ	ਪਾਠ-ਪੁਸਤਕ, ਈ- ਸਮਾਰਟ ਬੋਰਡ

ਪਾਠ-18 ਸ਼੍ਰੀ ਲਾਲ ਬਹਾਦਰ ਸ਼ਾਸਤਰੀ	3	-	ਅਜਾਦੀ ਤੋਂ ਬਾਅਦ ਦੇ ਪ੍ਰਧਾਨ ਮੰਤਰੀਆਂ ਦੀ ਸੂਚੀ ਬਣਾਉਣੀ	ਪਾਠ-ਪੁਸਤਕ
ਪਾਠ-19 ਪਿੰਡ ਦਾ ਨਜਾਰਾ	3	ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਦੀ ਵੀਡੀਓ ਦਿਖਾਉਣੀ		ਈ ਸਮਾਰਟ
ਪਾਠ- 20 ਇਨਸਾਫ(ਮੌਖਿਕ)	3	ਵਾਰਤਾਲਾਪ	ਰੋਲ ਪਲੇਅ	ਪਾਠ-ਪੁਸਤਕ
ਗਿਆਨ ਸਰੋਵਰ ਪਾਠ 11 ਵਿਸ਼ੇਸ਼ਣ ਪਾਠ 12 ਕਿਰਿਆ	2 1	ਪੀ ਪੀ ਟੀ ਰਾਹੀਂ ਸਮਝਾਉਣਾ	-	ਸਮਾਰਟ ਬੋਰਡ
ਲਿੰਗ ਬਦਲੋ (1-24) ਦੂਜੀ ਲਾਈਨ ਬਹੁਤ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (16-30)	2	ਭੁਲਾਵੇਂ ਸ਼ਬਦ	-	ਗਰੀਨ ਬੋਰਡ
ਪੱਤਰ - ਵੱਡੇ ਭਰਾ ਨੂੰ ਜਨਮਦਿਨ 'ਤੇ ਭੇਜੇ ਕੰਪਿਊਟਰ ਲਈ, ਬਿਨੈ ਪੱਤਰ-ਸੈਕਸ਼ਨ ਬਦਲਣ ਲਈ	2	ਪੱਤਰ ਸਮਝਾਉਣਾ ਤੇ ਭਾਗ - ਵੰਡ ਲਿਖਵਾਉਣੀ	-	ਪੁਸਤਕ

ਜਨਵਰੀ / ਫਰਵਰੀ
ਮਾਰਚ

ਕੀਤੇ ਗਏ ਕੰਮ ਦੀ ਦੁਹਰਾਈ
ਸਲਾਨਾ ਪ੍ਰੀਖਿਆ

SUBJECT - COMPUTER

OCTOBER

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 5 Images in a Document- (Open Office Writer)	9	1. Different Font Work options. 2. Insert Picture From File and Gallery. 3. Resize and Crop an image.	E-Smart Board, Stylus, Writer (OpenOffice.org)

NOVEMBER

Chapter No./ Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter - 6 Advanced Features in	9	1. Different Page Settings. 2. Use of Drawing toolbar and tables.	E-Smart Board, Stylus, Writer (OpenOffice.org)

Open Office Writer		3. Using Mail Merge. 4. Formatting of Page and paragraph.	
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DECEMBER

Chapter No. / Name of Chapter	No. of Periods	Lab Activities	Teaching Aids
Chapter -7 Open Office.org- Impress	5	1. To Create and save a simple presentation. 2. Change Slide layout & design.	E-Smart Board, Stylus, Open Office.org- Impress
Chapter - 8 Safe Use of Computers	4	1. Safety measures to protect our computer 2. Learn Netiquettes	E-Smart Board, Stylus, Internet Connection

JANUARY/ FEBRUARY Revision + Oral/Practical Examination
MARCH ANNUAL EXAMINATION

SUBJECT- VISUAL ART**OCTOBER**

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. (22 to 26) perspective)	Draw and colour landscape	4	Mask making of halloween	Ivory sheet, colourful charts, sketches, fevicol s

NOVEMBER

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 27to34 (composition)	Draw and colour seascape	6	stationary items	colourful papers,1 box empty, pencil shavings , fevicol.

DECEMBER

Step By Step	Drawing file	No. of Periods	Activity	Teaching Aids
Page No. 35 to 40 (cartoon study)	Draw and colour design	5	Book mark	A4 size sheet, ribbon, fevicol,ice-cream sticks, sketches.

JANUARY/ FEBRUARY Revision of whole Syllabus
MARCH ANNUAL EXAMINATION

SUBJECT- GENERAL KNOWLEDGE**OCTOBER**

Unit No and Name	No of periods	Activity	Teaching Aids
UNIT IV Art and Culture	3	1. Make a collage on the Famous Festivals of India 2. Paste 5 pictures of Famous Dancers and musical instruments.	Kid Wiz +E- Smart

NOVEMBER

Unit No and Name	No of periods	Activity	Teaching Aids
UNIT VI Sports and Games	4	1. Paste 5 pictures of National Sports of any 5 countries. 2. Make a fact file of Milkha Singh.	Kid Wiz +E- Smart

DECEMBER

Unit No and Name	No of periods	Activity	Teaching Aids
UNIT V Math Magic	3	1. Paste 3 pictures of famous mathematician and write about them (5 points)	Kid Wiz +E- Smart video

JANUARY / FEBRUARY
MARCH

Revision of whole Syllabus
ANNUAL EXAMINATION

विषय - नैतिक शिक्षा

अक्टूबर			
पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-10 अहिंसा	2	अहिंसा परमो धर्म: पर चर्चा	पाठ्य पुस्तक
पाठ -11 स्वाध्याय	2	पाठ में आए श्लोक का विस्तार से विवेचन देना	पाठ्य पुस्तक
पाठ - 12 सत्संग का प्रभाव	2	सत्संग के विषय में बच्चों से जानकारी लेना व देना।	पाठ्य पुस्तक

नवंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-13 सेवा	2	बच्चों को सेवा का भाव समझाना	पाठ्य पुस्तक
पाठ-14 शरणागति	2	प्रार्थना का सस्वर गायन	पाठ्य पुस्तक
पाठ-15 स्वामी विरजानंद	2	स्वामी जी के जीवन सम्बन्धी कुछ वाक्य कंठस्थ करवाना	दृश्यात्मक प्रस्तुतिकरण
पाठ-16 पंडित गुरुदत्त विद्यार्थी	1	-	चिट्स

विषय संवर्धन गतिविधि : विरजानंद जी पर वाक्य बुलवाना / पंडित गुरुदत्त विद्यार्थी

दिसंबर

पाठ का नाम / विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ- 17 लाला लाजपत राय	2	पाठ में से मुख्य तिथियाँ कंठस्थ करवाना और सुनना	पाठ्य पुस्तक
पाठ-18 भगत सिंह	1	भगत सिंह के जीवन सम्बन्धी कुछ अन्य घटनाओं का वर्णन	दृश्यात्मक प्रस्तुतिकरण
पाठ-19 दयानंद प्रशस्ति	1	कक्षा में सस्वर गायन	पाठ्य पुस्तक
पाठ-20 संध्या मंत्र	1	1-4 मंत्र याद करवाना तथा सस्वर उच्चारण करवाना	पाठ्य पुस्तक

विषय संवर्धन गतिविधि : पाठ्य पुस्तक के आधार पर मंत्र प्रतियोगिता

जनवरी/ फरवरी

पाठ्यक्रम की दोहराई

मार्च

वार्षिक परीक्षा

विषय - संस्कृत

अक्टूबर

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-8 अभिनवः किं किं करोति !	2	समय की जानकारी संस्कृत में देना	दृश्यात्मक सामग्री
पाठ-9 विडालः कुत्र अस्ति?	2	अव्यय पदों का प्रयोग	पुस्तक

नवंबर

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-10 आगच्छ ! गायामः	1	लकार की जानकारी देना	पुस्तक
पाठ-11 हरिणं मा मारय!	1	पुस्तक में दिए श्लोक का उच्चारण करवाना	पुस्तक
पाठ-12 कथयन्तु! कस्य कः वर्णः ?	1	रंगों की जानकारी संस्कृत में देना	पुस्तक, चार्ट
पठ धातु (लट, लड, लृट लकार)	1	वाक्यों में प्रयोग करवाकर देखना	दृश्यात्मक सामग्री

दिसंबर

पाठ का नाम /विषय	कालांश	गतिविधियाँ	सहायक सामग्री
पाठ-13 कः चतुरः अस्ति?	2	कहानी सुनना	पुस्तक
पाठ-14 कति वस्तुनि सन्ति ?	1	अंकों को शब्दों में लिखवाना	दृश्यात्मक सामग्री
गिनती (26-50)	1	आस-पास के उदाहरण देना	दृश्यात्मक सामग्री
इदं अस्माकं शरीरं	1	अंगों के नाम संस्कृत में लिखवाना	दृश्यात्मक सामग्री, चार्ट

जनवरी / फरवरी

करवाए गए पाठ्यक्रम की दोहराई + आवधिक परीक्षण -3

मार्च

वार्षिक परीक्षा

SUBJECT- PERFORMING ART**OCTOBER-NOVEMBER**

Topic	No. of Days	Tools & Techniques	Teaching Aid
Patriotic Choreography	6	Demonstration with action	With sound system
Shabad	6	Demonstration with singing	With Harmonium, Tabla, Lyrics

DECEMBER**Revision****JANUARY/FEBRUARY****Revision of whole Syllabus****MARCH****ANNUAL EXAMINATION****SUBJECT-HEALTH & PHYSICAL EDUCATION****OCTOBER**

Lesson No / Topic	No of Period	Tool & Techniques	Teaching Aid
Food & Nutrition	01	Demonstration	Chart / Video
Gym Period	01	Exercise In Gym	Multi Gym
Game- Kho - Kho	01	Play Game in Ground	Lime Powder/ Whistle/ Sports Ground/ Video
Yoga - Halasana & Dhanurasana	01	Perform Yogasana	Body Movement/ Chart

NOVEMBER

Lesson No / Topic	No of Period	Tool & Techniques	Teaching Aid
Safety & Security	01	Demonstration	Chart / Video
Game- Kho - Kho	01	Play Game in Ground	Lime Powder/ Whistle/ Sports Ground/ Video
Gym Period	01	Exercise In Gym	Multi Gym
Yoga - Tarasana & Sarvangasana	01	Perform Yogasana	Body Movement/ Chart

DECEMBER

Lesson No / Topic	No of Period	Tool & Techniques	Teaching Aid
Social health/	01	Demonstration	Chart / Video

Consumer health			
Gym Period	01	Exercise In Gym	Multi Gym
Yoga - Bhujangasana / Vajarasana	02	Perform Yogasana	Body Movement/ Chart
Game- Kho - Kho	02	Play Game in Ground	Lime Powder/ Whistle/ Sports Ground/ Video

Subject Enrichment Activities

1. Benefits of Yoga, Yoga Files.
2. Rules for game Kho - Kho, Game File.

JANUARY / FEBRUARY

Revision of whole Syllabus

MARCH

ANNUAL EXAMINATION



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DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

List of Activities under Ek Bharat Shreshta Bharat

Sr.No	Description of Activity	Month/Day/ Location	Learning Outcome
1	Exposure of students to the alphabets, songs, proverb and 100 sentences in the languages of the partnering State/UT.	Academic Year/ Every Week / school premises	It will develop the linguistic capacity of the students.
2	Essay Competition among students in the language of the partnering State/UT	Academic Year	It will develop multi-linguistic skills in students.
3	Drama/Role Play on culture, history, the tradition of partnering State/UT.	Academic Year/school premises	The students will be able to learn the culture of the partnering State/UT.
4	Identification/translation and dissemination of similar proverbs in the language of partnering State/UT.	Academic Year	The students will be able to learn the language and culture of the Partnering state/UT.
5	“Themed Display Board/Wall magazine” on the partnering state. (Historical Monuments, Dressing Style, painting, handicrafts, alphabet and basic sentences of the partnering State/UTs).	Round the Year/ school premises	The pictorial representation will help them in learning and Understanding about partnering States/UTs.
6	Pledge on Swachhta/ Single-use plastic/water saving/ National Unity in the	At least two times every month/	The students will have exposure to partnering state language.

	language of partnering states/UTs	Schools' premises during morning assembly.	Enhance social responsibility among students.
7	"Questions/ Answer session" (Quiz) on partnering States/UTs. (Know Your Partner States/UTs)	Once in a month/ Morning Assembly.	It will help students to remember the important facts about partnering States/UTs.
8	"State Day Celebration" of partner State/UT	On State Day/ School Premises	It will develop a sense of unity among the students of both the States/UTs.

Dr Mohan Lal Sharma

Principal



DAV PUBLIC SCHOOL SAMANA (SENIOR SECONDARY)



CBSE AFFILIATED-1630571

NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

ECO CLUB

An Eco-Club is a group of school teachers & students interested in environmental issues and willing to make significant contribution to society.

OBJECTIVES:

- To make children understand environment and environmental problems.
- To provide environmental education opportunities for school children.
- To utilize the unique position of school children as conduits for awareness of the society at large.
- To facilitate children's participation in decision making in areas related to environment & development.
- To bring children into direct contact with the environmental problems being faced by society they live in and make them think of solutions.
- To involve children in action based programmes related to environment in their surroundings.
- To aware students with various ways to conserve water.
- To motivate students to conserve and collect Rain water.

Activities for ECO CLUB:

S. No	Activity name
1.	Earth Day Celebration- Speech in Assembly & Kachhra Samadhan Mahotsav
2	Say No to Plastic Tiffin and ALUMINIUM foil
3.	Visit to sewage waste management plant & Conservation of water plant
4.	Tree Plantation Drive. (Vanmahotsav celebration)
5.	Say no to Plastic Bags Introduction of Eco friendly bags
6.	Cleaning of various labs of school.

7.	Motivate students to conserve water by engaging them in various activities
8.	Constitute a School Water Management Committee
9	Students can be made to visit a water treatment plant in the area to witness water processing and other places where conservation practices are being adopted.
10.	Sharam Daan for Cleanliness of school Garden.
11	Let's talk about fuel and electricity importance and management.
12	Rally -Say no to Crackers
13	Waste Management - - Measures for minimization of waste -Increasing value by reducing, reusing and recycling as much as possible. - Paper recycling and paper Mache artwork from waste paper - Segregation of waste and Composting
14	Nature Walk and Nature Watch

Eco-Club Committee

**Principal
Dr. Mohan Lal Sharma**



DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571



MEDICAL PLANNER FOR CLASSES 4th to 10+2 (SENIOR)
SESSION: 2020-2021

MONTH	TOPICS
APRIL	World Health Day topic: Health for all (Regarding Corona Virus)
MAY	BREAKFAST - A Great Way To Start The Day! + DEHYDRATION - When Your Body Needs More Water
JUNE	HOMEWORK - Get into the Habit + DISCIPLINE - Keeping the Rules
JULY	Fear in Decision Making + Don't Blame The Distractions, Improve Your Focus
AUGUST	GOOD POSTURE - Looking After Your Back + MEDITATION - Helping People Sort Things Out
SEPTEMBER	Dental hygiene
OCTOBER	Anger Management (Stress, Anxiety, Depression/Managing Your Feelings) + A Rhythm of health - HEART BEAT
NOVEMBER	Are you ready for winter? (Cold, Flu, Sore Throat) + Caring of Your Skin
DECEMBER	Hygiene and Puberty + Are you a Bystander to Bullying?
JANURAY	Use of Internet/Computer Games/Mobile Phones
FEBRUARY	RESPECT - A Way of life
MARCH	RESILIENCE - Don't Let Things Get You Down + CONFIDENCE - Put Your Best Foot Forward!

School Medical Officer
Dr Harsimran Kaur

Dr Mohan Lal Sharma
Principal

Test Schedule- Classes - 4th to 7th

Day	4 th	5 ^h	6 th	7 th
Monday	Science	Social Science	Hindi	English
Tuesday	Social Science	Hindi	Maths	Science
Wednesday	English	Punjabi	Social Science	Maths
Thursday	Punjabi	English	Science	Hindi
Friday	Hindi	Maths	Punjabi	Social Science
Saturday	Maths	Science	English	Punjabi

Calender Activities (Session- 2020-21)

Sr. No.	Month	Name of Activity	Responsible Teachers for Preparation
1	April	Ad mad enacting	Class In-Charges + Language Teachers
2	May	Slogan Writing on World Tobacco Day	Class In-Charges + Art & Craft Teachers
3	July	Tree Plantation	Class In-Charges
4	August	Teej Celebration	Primary Block
5	October	Mantra uchharan Pratiogita	Class In-Charges + Naitik Shiksha Teachers
6	November	Declamation Contest on the Festival related to Deepawali	Class In-Charges + Language Teachers
7	December	Shaheedi Jor Mela	Primary Block
8	January	Patriotic Choreography	Class In-Charges + Dance Teachers
9	Febuary	Vyakaran Pratiyogita in Hindi	Class In-Charges + Hindi Teachers

Important Days (Awareness)

Session 2020-21

APRIL

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	2 nd April	Thursday	Ram Navami
2	6 th April	Monday	Mahavir Jayanti
3	7 th April	Tuesday	World Health Day
4	8 th April	Wednesday	Arya Samaj Sathapana Diwas, New Session Beginning 1 st to 10+2 (Hawan Yajna) Mangal Kamna Diwas
5	10 th April	Friday	New Session Beginning LKG & UKG (Shubhaarambh)
6	13 th April	Monday	Jallianwala Bagh Massacre
7	14 th April	Tuesday	Dr. B.R. Ambedkar Jayanti
8	18 th April	Saturday	World Heritage Day, Welcome Fiesta: LKG to 3 rd
9	19 th April	Sunday	Mahatama Hansraj Jayanti
10	22 nd April	Wednesday	World Earth Day - (Celebration by Science Department)
11	23 rd April	Thursday	World Book Day, English Language Day- (Celebration by English Department)
12	25 th April	Saturday	Parshuram Jayanti, World Malaria Day
13	29 th April	Wednesday	International Dance Day

MAY

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	1 st May	Friday	Labour Day -(SEWA Projects-By Sports Department) (Role Play- Our Helpers -by class 5 th)
2	3 rd May	Sunday	World Press Freedom Day
3	4 th May	Monday	Students Council Interview- (By All Houses)
4	5 th May	Tuesday	
5	7 th May	Thursday	Tagore Jayanti, Buddha Purnima- (Tribute by Running House)
6	8 th May	Friday	World Red Cross Day- (By First Aid Committee/ SEWA Project)

7	10 th May	Sunday	Mothers day- (Celebration by 1 st & 2 nd Class)
8	11 th May	Monday	National Technology Day
9	15 th May	Friday	International Family Day
10	17 th May	Sunday	World Telecommunication & Information Society Day
11	23 rd May	Saturday	Interaction with Parents- PTM (Classes- 6 th to 10+2)
12	24 th May	Sunday	Common Wealth Day
13	25 th May	Monday	Eid-UI-Fitr
14	26 th May	Tuesday	Guru Arjan Dev Ji Martyrdom Day
15	27 th May	Wednesday	Investiture Ceremony- (By all Houses)
16	30 th May	Saturday	Interaction with Parents- PTM (Classes- LKG to 5 th)
17	31 st May	Sunday	World No Tobacco Day

JUNE

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	1 st June	Monday	Dav Foundation Day- (Hawan Yajna) Global Day of Parents
2	5 th June	Friday	World Environment Day, Sant Kabir Jayanti
3	12 th June	Friday	Anti Child Labour Day
4	14 th June	Sunday	World Blood Donor Day
5	21 st June	Sunday	Yoga Day- (Celebration by NCC Cadets) Father's Day
6	26 th June	Friday	International Anti Drug Day

JULY

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	11 th July	Saturday	World Population Day
2	15 th July	Wednesday	World Youth Skill Day
3	26 th July	Sunday	Kargil Vijay Diwas
4	28 th July	Tuesday	World Hepatitis Day
5	31 st July	Friday	Martyrdom Day Of Saheed Udam Singh Ji (Tribute by Running House)

AUGUST

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	3 rd Aug	Monday	Raksha Bandhan
2	8 th Aug	Saturday	World Senior Citizen Day
3	11 th Aug	Tuesday	Krishna Janamashtami (Celebration by Senior Wing- Matki Fod + Kirtan Sandhya)
4	12 th Aug	Wednesday	World Youth Day
5	15 th Aug	Saturday	Independence Day- (Celebration by Pre- Primary Block)
6	18 th Aug	Tuesday	Sanskrit Diwas- (Celebration By Sanskrit Department)
7	19 th Aug	Wednesday	World Photography Day, Parkash Utsav Shri Guru Granth Sahib Ji
8	20 th Aug	Thursday	National Sadhbhavana Diwas
9	21 st Aug	Friday	Teej (Hari Talika)- Celebration by 11 th & 12 th
10	29 th Aug	Saturday	National Sports Day- Celebration by Sports Department

SEPTEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	5 th Sep	Saturday	Teachers Day (Guru Utsav)
2	8 th Sep	Tuesday	International Literacy Day- (Celebration by Punjabi Department)
3	14 th Sep	Monday	Hindi Diwas- (Celebration by Hindi Department)
4	15 th Sep	Tuesday	International Democracy Day
5	16 th Sep	Wednesday	World Ozone Preservation Day
6	21 st Sep	Monday	International Peace Day
7	27 th Sep	Sunday	World Tourism Day
8	29 th Sep	Tuesday	World Heart Day

OCTOBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	2 nd Oct	Friday	Mahatama Gandhi Jayanti & Non Violence Day, Lal Bahadur Jayanti (Tribute by Houses)
2	3 rd Oct	Saturday	World Nature Day
3	4 th Oct	Sunday	World Animal Day

4	6 th Oct	Tuesday	World Wildlife Day
5	8 th Oct	Thursday	Indian Air Force Day
6	11 th Oct	Sunday	International Girl Child Day
7	15 th Oct	Thursday	World Students Day
8	16 th Oct	Friday	World Food Day- (Celebration By UKG Class)
9	17 th Oct	Saturday	Maharaja Aggarsain Jayanti
10	24 th Oct	Saturday	United Nations Day- (Celebration by Social Science Department)
11	25 th Oct	Sunday	Dussehra- (Celebration by Running House)
12	31 st Oct	Saturday	Maharishi Valmiki Jayanti, National Unity Day

NOVEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	1 st Nov	Sunday	Punjab Diwas
2	2 nd Nov	Monday	Prakash Guru Parb of Shri Ram Dass ji
3	4 th Nov	Wednesday	Karva Chauth
4	7 th Nov	Saturday	World Cancer Awareness Day
5	11 th Nov	Wednesday	National Education Day
6	14 th Nov	Saturday	Diwali, Children Day- (Thanks Giving Activity By Senior Block)
7	15 th Nov	Sunday	Goverdhan Puja , Vishavkarma Day
8	16 th Nov	Monday	Bhai Dooj
9	19 th Nov	Thursday	National Integration Day
10	26 th Nov	Thursday	Communal Harmony
11	30 th Nov	Monday	Shri Guru Nanak Dev Jayanti- (Celebration By Punjabi Department)

DECEMBER

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	1 st Dec	Tuesday	World AIDS Day
2	2 nd Dec	Wednesday	World Computer Literacy Day (Celebration by Computer Department)
3	4 th Dec	Friday	Indian Navy Day
4	7 th Dec	Monday	Indian Armed Forces Flag Day
5	9 th Dec	Wednesday	International Anti Corruption Day

6	10 th Dec	Thursday	Human Rights Day
7	22 nd Dec	Tuesday	National Mathematics Day (Celebration by Maths Department)
8	23 rd Dec	Wednesday	Shradhanand Balidan Diwas, National Farmer's Day
9	25 th Dec	Friday	Christmas Day
10	26 th to 28 th Dec	Saturday, Sunday, Monday	Shaheedi Jor Mela (By Primary Block)

JANUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	1 st Jan	Friday	New Year (Hawan Yajna)
2	10 th Jan	Sunday	World Laughter Day
3	12 th Jan	Tuesday	National Youth Day
4	13 th Jan	Wednesday	Lohri- (Celebration by Running House)
5	14 th Jan	Thursday	Makar Sankranti
6	20 th Jan	Wednesday	Guru Gobind Singh Ji Jayanti
7	23 th Jan	Saturday	Neetaji Subhash Chandra Bose Birth Anniversary
8	25 th Jan	Monday	National Voters Day
9	26 th Jan	Tuesday	Republic Day- (Celebration by Running House)
10	30 th Jan	Saturday	Mahatama Gandhi Martyrdom Day- (Tribute by Running House)

FEBRUARY

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	4 th Feb	Thursday	World Cancer Day
2	16 th Feb	Tuesday	Basant Panchmi- (Celebration by Running House)
3	20 th Feb	Saturday	World Day of Social Justice
4	21 st Feb	Sunday	Maharishi Dayanand Saraswati Jayanti- (Shradanjali by Running House)
5	23 rd Feb	Tuesday	World Peace & Understanding Day
6	24 th Feb	Wednesday	Rishi Bodh Utsav
7	27 th Feb	Saturday	Guru Ravidas Jayanti
8	28 th Feb	Sunday	National Science Day

MARCH

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	3 rd March	Wednesday	National Defence Day
2	8 th March	Monday	International Women's Day
3	11 th March	Thursday	Maha Shiv Ratri
4	15 th March	Monday	World Consumers Rights Day
5	22 nd March	Monday	World Water Day
6	29 th March	Monday	Holi

आर्य पर्व

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	6 अप्रैल	सोमवार	आर्य समाज स्थापना दिवस
2	14 अप्रैल	मंगलवार	पंडित गुरुदत्त विद्यार्थी जन्म दिवस
3	19 अप्रैल	रविवार	महात्मा हंसराज दिवस
4	1 जून	सोमवार	डी.ए.वी. स्थापना दिवस
5	14 सितम्बर	सोमवार	गुरु विरजानंद पुण्यतिथि
6	5 अक्तूबर	सोमवार	स्वामी विरजानंद जयंती
7	16 अक्तूबर	शुक्रवार	महात्मा आनंद स्वामी जन्म दिवस
8	24 अक्तूबर	शनिवार	महात्मा आनंद स्वामी पुण्यतिथि
9	27 अक्तूबर	मंगलवार	ऋषि निर्वाणोत्सव
10	14 नवम्बर	शनिवार	स्वामी दयानंद विरजानंद की कुटिया
11	15 नवम्बर	रविवार	महात्मा हंसराज पुण्यतिथि
12	21 नवम्बर	शनिवार	रामचंद्र छत्रपति बलिदान दिवस
13	19 दिसम्बर	शनिवार	पंडित राम प्रसाद बिस्मिल बलिदान दिवस
14	23 दिसम्बर	बुधवार	स्वामी श्रद्धानंद बलिदान दिवस
15	12 जनवरी	मंगलवार	स्वामी विवेकानंद जयंती
16	28 जनवरी	वीरवार	लाला लाजपतराय जयंती
17	21 फ़रवरी	रविवार	मुनि मुनिश्वरानंद पुण्यतिथि
18	28 फ़रवरी	रविवार	ऋषि दयानंद सरस्वती जन्म दिवस
19	4 मार्च	वीरवार	ऋषि बोधोत्सव
20	19 मार्च	शुक्रवार	पंडित गुरुदत्त विद्यार्थी पुण्यतिथि

Holidays List Session 2020-21

<u>S.No</u>	<u>Date</u>	<u>Day</u>	
1	13 th April	Monday	Baisakhi
2	25 th April	Saturday	Parshu Ram Jayanti
3	25 th May	Monday	Eid Ul Fitar
4	3 rd Aug	Monday	Raksha Bandhan
5	11 th Aug	Tuesday	Krishan Janamashtami
6	15 th Aug	Saturday	Independence Day
7	2 nd Oct	Friday	Mahatama Gandhi Jayanti
8	17 th Oct	Saturday	Maharaja Aggarsain Jayanti
9	25 th Oct	Sunday	Dussehra
10	31 st Oct	Saturday	Maharishi Valmiki Jayanti
11	4 th Nov	Wednesday	Karva Chauth
12	14 th Nov	Saturday	Diwali
13	15 th Nov	Sunday	Vishavkarma DAY/ Goverdhan Puja
14	16 th Nov	Monday	Bhai Dooj
15	24 th Nov	Tuesday	Martyrdom Day of Guru Teg Bahadur Ji
16	30 th Nov	Monday	Parkash Purb of Shri Guru Nanak Dev Ji
17	25 th Dec	Friday	Christmas Day
18	26 th to 28 th Dec	Saturday to Monday	Jor Mela
19	14 th Jan	Thursday	Makar Sankranti
20	20 th Jan	Wednesday	Shri Guru Gobind Singh Jayanti
21	26 th Jan	Tuesday	Republic Day
22	27 th Feb	Saturday	Guru Ravidas Jayanti
23	11 th March	Thursday	Maha Shivratri



ओ३म्
DAV PUBLIC SCHOOL SAMANA
(SENIOR SECONDARY)
CBSE AFFILIATED-1630571







NEAR CHAK AMRITSARIA PATRAN ROAD, SAMANA - 147101, DIST. PATIALA (PB)

SCHOOL HOUSES

SESSION -2020-21



Name of House	Motto	Tagline	Colour	LOGO
Honesty House	Be Loyal and Trustworthy	The Art Of Being Truthful	Saffron	
Work culture House	Effective Management and Team Work	Goodness and hard work always rewarded with respect	Red	
Faithful House	Faithful Action is the Fundamental key to Success	Satayamev Jayate	Blue	
Discipline House	Self control Or Self command	Discipline turns ability into achievement	Green	

DO's AND DON'Ts

<u>Do's</u>	<u>Don'ts</u>
<ol style="list-style-type: none"> 1. Give due regards to your elders. 2. Prepare yourself well to perform well. 3. Converse in English in School Campus. 4. Come to school well groomed, in proper Uniform. 5. Bring the student diary to school daily. 6. Be regular in attendance and never be late to school. Attend morning assembly without fail. 7. Keep your classroom and school premises clean and tidy. 8. Turn off the taps after use. 9. Switch off fans and lights when not in use. 10. Be fair and honest at work. Always be considerate of the rights of others. 11. Make use of the Library. 	<ol style="list-style-type: none"> 1. Do not bring precious articles in school. 2. Do not damage the school property. 3. Do not make noise in the classroom, corridors, auditorium or elsewhere in the school campus 4. Do not bring gadgets such as mobile phones, I Pads, MP3's etc 5. Do not absent yourself from school. 75% attendance is the minimum requirement. 6 Do not use abusive language. 7. Do not pluck flowers. Never touch electric plugs. 8. Do not wear expensive jewellery to school. 9. Don't involve in physical fights. 10. Do not come in personal vehicles to school.

CODE OF CONDUCT

- ❖ Converse in English in school campus.
- ❖ Come to school regularly. In case you want to avail leave, kindly get it sanctioned from class teacher.
- ❖ Ensure proper order and discipline while moving to the playground / assembly / library or any lab.
- ❖ Library books must be handled with extra care and must be returned in time.
- ❖ Shouting / Fighting or Indulging in unruly behavior in the school premises is forbidden.
- ❖ Kindly contribute to make your school clean DAV, Green DAV.
- ❖ Proper decorum should be maintained while singing National Anthem / DAV Anthem and School Prayers as a mark of patriotism.
- ❖ Students should not carry any sharp objects like blade, knife, paper cutter etc. as they can prove to be harmful.
- ❖ Possession of crackers / bursting crackers / playing with colours in the school is strictly prohibited.
- ❖ Any student found with expensive jewellery, mobile phone, CD's, any other objectionable article will be subjected to fine and confiscation of the above mentioned articles.

TEN PRINCIPLES OF THE ARYA SAMAJ

1. God is the primary source of all true knowledge and of all that can be known through it.
2. God is Existent, Intelligent and Blissful. He is Formless, Almighty, Just Merciful, Unborn, Infinite, Unchallengeable, Beginningless, Incomparable the support and Lord of all, Omniscient, Imperishable, Immortal, Fearless, Eternal, Holy and the Maker of the Universe. To him alone worship is due.
3. The Vedas are scriptures of true knowledge. It is the duty of all Aryas to read them, hear them being read and recite them to others.
4. We should always be ready to accept the truth and give up untruth.
5. All actions should be performed in conformity with Dharma, that is, after due consideration of right and wrong.
6. The primary aim of the Arya Samaj is too good for all, that is, to promote their physical, spiritual and social well-being.
7. We should treat all people with love, fairness and due regards for their merit.
8. One should aim at dispelling ignorance and promoting knowledge.
9. One should not only be content with one's own welfare but should look for it in the welfare of other also.
10. One should regard oneself under restriction to follow altruistic rulings of the society, while all should be free in following the rules of individual welfare

आर्य समाज के नियम

1. सब सत्य विद्या और जो पदार्थ विद्या से जाने जाते हैं, उन सब का आदि मूल परमेश्वर है।
2. ईश्वर सच्चिदानंद स्वरूप, निराकार, सर्वशक्तिमान, न्यायकारी, दयालु, सर्वेश्वर, सर्वव्यापक, सर्वांतर्यामी, अजर, अमर, अभय, नित्य, पवित्र और सृष्टिकर्ता है उसी की उपासना करने योग्य है।
3. वेद सब सत्य विद्याओं की पुस्तक है। वेद का पढ़ना-पढ़ाना और सुनना-सुनाना सब आर्यों का परम धर्म है।
4. सत्य के ग्रहण करने और असत्य के छोड़ने में सर्वदा उद्यत रहना चाहिए।
5. सब काम धर्मानुसार अर्थात् सत्य और असत्य का विचार करके करना चाहिए।
6. संसार का उपकार करना इस समाज का मुख्य उद्देश्य है अर्थात् शारीरिक, आत्मिक और सामाजिक उन्नति करना।
7. सबसे प्रीतिपूर्वक धर्मानुसार यथायोग्य वर्तना चाहिए।
8. अविद्या का नाश और विद्या की वृद्धि करनी चाहिए।
9. प्रत्येक को अपनी ही उन्नति से संतुष्ट न रहना चाहिए, किंतु सबकी उन्नति में अपनी उन्नति समझनी चाहिए।
10. सब मनुष्यों को सामाजिक सर्वहितकारी नियम पालने में परतंत्र रहना चाहिए और प्रत्येक हितकारी नियम में सब स्वतंत्र रहें।