

CBSE Capacity Building Program on Life Skills- Advance

One day CBSE Capacity Building Program on 'Life Skills '-Advance under Hub of Learning was organized in RMB DAV Centenary Public School, Nawanshahr on 9th September, 2023. Ms. Shneh Lata, Teacher, St. Anne's Convent School, Chandigarh and Ms. Manpreet Jauhar, Former Principal, were the resource persons for this workshop. Around 35 participants attended the CBP.

The workshop revolved around the significance of developing Life Skills in students to equip them to embrace change positively and learn to be adaptive in this volatile world. The workshop started with an icebreaker activity. Different life skills were explained beautifully with examples and different group activities in which participants participated enthusiastically.

